



PO Box 1000  
Eau Claire, WI 54702  
(888) 851-9498

September/October 2022: Age Limit 65: Growing Old in an  
Ageist Society

MGT095643

8/31/2022

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$30 per person CE fee.

A certificate of successful completion will be emailed/faxed/mailed to you. You will receive your CE certificate within two weeks from date of receipt of your request form and test. To receive your certificate sooner than two weeks, rush processing is available for a fee. Please attach check\* or include credit card information below. **Customers outside the US: We will only accept payments for Continuing Education Credits by use of a credit card. All other forms of payment will not be accepted.**

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Mail or Fax entire packet to: **Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775**

## Evaluation

I certify that I have participated in this program in its entirety. \*

☐ Yes

☐ No

Course content was relevant to objectives. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? \*

☐ Yes ☐ No

Quiz completion process was user-friendly. \*

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives	
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Was this objective met? Apply McBain's understanding of medical trauma in clinical assessment.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Evaluate Kecmanovic's approach to treating anxiety around exposure therapy.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Assess Kriseman's views on working with clients who have dementia.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree

Post Test	
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In Consultation - Page 15 - Medical trauma is unique in that it's both:	<input type="radio"/> Treatable and untreatable
	<input type="radio"/> A psychological and physi-ological response
	<input type="radio"/> Caused and cured in a hospital
	<input type="radio"/> Undiagnosable
Debunking Myths about Aging - Page 20 - One of the common myths about aging Schaffer identifies is:	<input type="radio"/> Loss of creativity
	<input type="radio"/> Greater isolation
	<input type="radio"/> Preoccupation with mortality
	<input type="radio"/> Waning interest in self-care
Debunking Myths about Aging - Page 20 - Research shows a person's expectations about aging have not been found to affect:	<input type="radio"/> Memory
	<input type="radio"/> Cardiovascular function
	<input type="radio"/> Physical flexibility
	<input type="radio"/> Life expectancy
Cultivating Positive Age Beliefs - Page 26 - Levy's age-belief journaling exercise asks people to:	<input type="radio"/> Write down the messaging they absorbed about aging as children
	<input type="radio"/> List five strengths and weaknesses of aging
	<input type="radio"/> Write down all the messages about aging they encounter in a week
	<input type="radio"/> Write a story about an older person in their life
"You're a Moron" - Page 28 - The two hallmarks of dismissive attachment are:	<input type="radio"/> Avoiding questions and immersing yourself in solitary activities
	<input type="radio"/> Indifference and insulting your therapist

	<input type="radio"/> Being pugnacious and withdrawing from loved ones
	<input type="radio"/> Not remembering much of your childhood and insisting it had no impact on you
Our Aging Families - Page 32 - Taffel says that parents and their adult children are experiencing a parallel process of:	<input type="radio"/> Avoidance and disinterest
	<input type="radio"/> Anxiety and depression
	<input type="radio"/> Vulnerability and change
	<input type="radio"/> Apathy and indifference
Our Aging Families - Page 32 - Taffel writes that a paradox that elder parents experience is:	<input type="radio"/> Feeling special yet invisible
	<input type="radio"/> Feeling independent yet reliant
	<input type="radio"/> Feeling anxious yet content
	<input type="radio"/> Feeling fulfilled yet incomplete
Therapy for People Living with Dementia - Page 38 - Three categories on the dementia abilities continuum created by Kriseman are:	<input type="radio"/> Abled, un-abled and disabled
	<input type="radio"/> Mostly-abled, less-abled, and un-abled
	<input type="radio"/> Mostly-abled, disabled, and severely un-abled
	<input type="radio"/> Very-abled, mostly-abled, and less-abled
Therapy for People Living with Dementia - Page 38 - Grab-and-go boxes can be described as:	<input type="radio"/> A quick distraction for family members
	<input type="radio"/> A traditional psychotherapeutic approach
	<input type="radio"/> A non-traditional psychotherapeutic approach
	<input type="radio"/> A form of entertainment clients can use when they travel
Older Couples, New Narratives - Page 42 - Which differences does Skarret say can cause couples great stress later in life?	<input type="radio"/> Opposing political views
	<input type="radio"/> Differing thresholds for change
	<input type="radio"/> Disagreements about diet
	<input type="radio"/> Saving versus spending mentalities
Older Couples, New Narratives - Page 42 - Laura and Stan's metaphor for themselves when they tangled was what?	<input type="radio"/> Mismatched boxers in a ring
	<input type="radio"/> Weary soldiers
	<input type="radio"/> Righteous children
	<input type="radio"/> Passengers on a sinking ship
Sex and the Older Couple - Page 46 - What are the benefits to our clients of an active sex life after 50?	<input type="radio"/> A plethora of physical, cognitive, and relational improvements
	<input type="radio"/> A sense that they've "still got it"
	<input type="radio"/> Finally experiencing intimacy free of pregnancy concerns
	<input type="radio"/> An increase in appetite
The Fear of Exposure Therapy- Page 48 - In her work with Amy, Kecmanovic discovered that what helped Amy the most?	<input type="radio"/> Mirroring the mounting panic Amy was feeling
	<input type="radio"/> Psychoeducation and meticulous planning
	<input type="radio"/> Feeling joined in the absurdity of the situation and feeling understood
	<input type="radio"/> Throwing up

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Case Study- Page 61 - Which is not one of the reasons Edgette thinks Cooper's family didn't return for therapy?

- ☐ There wasn't a counterbalancing conversation about Vanessa's role in the conflict
- ☐ Mark initiated therapy ostensibly because of Cooper's behavior at home
- ☐ Therapy quickly shifted from Cooper's "bad" behavior to Mark
- ☐ She didn't assign them homework so they could practice what they'd learned

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Point of View- Page 67 - How can therapists help clients address their climate fear?

- ☐ Ask them to consider moving inland and to cooler climates
  - ☐ Leave handouts about the mental health fallout of climate change in waiting rooms
  - ☐ Ask questions if they bring it up so clients know it's an appropriate therapy topic
  - ☐ Remind them that apocalyptic climate disasters won't strike in their lifetime
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