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July/August 2023: Facing the Teen Mental Health Crisis: What's Really Going On?

MGT095648

6/30/2023

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Course content was relevant to objectives. *	0	Very satisfied
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Donna Jackson Nakazawa: Author showed knowledge and expertise in content.	0	Very satisfied
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Donna Jackson Nakazawa: Author showed knowledge and expertise in content.	0	Somewhat satisfied
Kaytee Gillis: Author showed knowledge and expertise in content. *	0	Somewhat satisfied
Margaret Nichols: Author showed knowledge and expertise in content. *	0	Somewhat satisfied
Donna Jackson Nakazawa: Author showed knowledge and expertise in content.	0	Neither satisfied not dissatisfied
Kaytee Gillis: Author showed knowledge and expertise in content. *	0	Neither satisfied not dissatisfied
Margaret Nichols: Author showed knowledge and expertise in content. *	0	Neither satisfied not dissatisfied
Donna Jackson Nakazawa: Author showed knowledge and expertise in content.	0	Somewhat dissatisfied
Kaytee Gillis: Author showed knowledge and expertise in content. *	0	Somewhat dissatisfied
Margaret Nichols: Author showed knowledge and expertise in content. *	0	Somewhat dissatisfied
Donna Jackson Nakazawa: Author showed knowledge and expertise in content.	0	Very dissatisfied

Kaytee Gillis: Author showed knowledge and expertise in content. *	0	Very dissatisfied
Margaret Nichols: Author showed knowledge and expertise in content. *	0	Very dissatisfied
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Kaytee Gillis: Author had an organized delivery. *	0	Very satisfied
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Kaytee Gillis: Author had an organized delivery. *	0	Very dissatisfied
Margaret Nichols: Author had an organized delivery. *	0	Very dissatisfied
Was the technology user friendly? *	0	Yes O No
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	0	Somewhat satisfied
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Was evidence provided to substantiate material provided?	0	Yes
	0	No
Danna Jackson Nakazawa: Did the author list the limitations and natantial risks	0	N/A Yes
Donna Jackson Nakazawa: Did the author list the limitations and potential risks of the content/research?	0	
Kaytee Gillis: Did the author list the limitations and potential risks of the content/research?	0	Yes
Margaret Nichols: Did the author list the limitations and potential risks of the content/research?	0	Yes
Donna Jackson Nakazawa: Did the author list the limitations and potential risks of the content/research?	0	No
Kaytee Gillis: Did the author list the limitations and potential risks of the content/research?	0	No
Margaret Nichols: Did the author list the limitations and potential risks of the content/research?	0	No
Donna Jackson Nakazawa: Did the author list the limitations and potential risks of the content/research?	0	N/A
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Objectives		
Was this objective met? Assess Mintz's approach to treating low desire in female clients.	0	Strongly agree
	0	Agree
	0	Neither agree nor disagree
	0	Disagree
	0	Strongly disagree
Was this objective met? Evaluate Ascanio and Rathbone's use of DBT skills in treating suicidal thoughts.	0	Strongly agree
	0	Agree
	0	Neither agree nor disagree
	0	Disagree
	0	Strongly disagree
Was this objective met? Apply Gillis's approach to addressing IPV in couples work.	0	Strongly agree
	0	Agree
	0	Neither agree nor disagree
	0	Disagree
	0	Strongly disagree
Post Test		
In Consultation – Page 17 – According to Mintz, the first step in working with women experiencing diminished sexual desire is:	0	Becoming more comfortable asking clients about sexual issues
	0	Taking a medical history
	0	Taking an inventory of their sexual likes and dislikes
	0	Referring them out to a specialist
In Consultation – Page 17 – To assess whether a client is having issues with desire or with both desire and arousal, Mintz says to ask the client:	0	If they're sexually attracted to their partner
	0	If they have sex despite not feeling horny
	0	If they get pleasure from self-stimulation
	0	If they have sexual fantasies
In Consultation – Page 17 – Which is one of the suggestions Mintz says can help clients reignite the sexual spark?	0	Watching porn with their partner
	0	Buying sexy lingerie or cologne
	0	Working out or going for a run with their partner
	0	Developing a personalized sex mantra
Trans Kids Under Fire – Page 20 – What are puberty blockers?	0	A type of binder
	0	Gonadotropin-releasing hormone analogues
	0	A type of vitamin
	0	Non-medical cosmetic treatments
Trans Kids Under Fire – Page 20 – In her work with Shannon, Nichols says she clearly met the criterion of:	0	"Resistant, insistent, and concealment"
	0	"Repeated, ever-present, and enduring"
	0	"Loud, proud, and confident"

	0	"Persistent, consistent, and insistent"
rls on the Brink – Page29 – According to Nakazawa, the single most portant ingredient in a child's physical and mental health is:	0	Being able to feel safe with and connected to caregivers and adults
	0	Having a lot of friends
	0	Having low levels of testosterone and estrogen
	0	Nutritious food
Girls on the Brink – Page29 – The social stress response is most beneficial when:	0	It helps predict threats that might happen in the future
	0	It shifts from a moment into a lingering state
	0	It's engaged and active even when nothing bad is happening
	0	It turns on quickly, alerts you to something bad, and turns off when the stressor has passed
Boy's Friendships – Page 34 – According to Way, what generally happens to boys' friendships with other boys as they grow older?	0	They grow stronger
	0	They shift toward friendships with girls
	0	They're sacrificed in the name of protecting their "manhood"
	0	They become less emotional and more physical
Boy's Friendships – Page 34 – What's one suggestion Way has for therapists in terms of helping address the crisis of connection?	0	Having clients interview therapists about their lives
	0	Allowing friends to come to therapy sessions
	0	reaching out to friends they've lost touch with
	0	Sharing personal stories about their own friendships
When Teens Talk about Suicide – Page 40 – The DBT skill "checking the facts" involves	0	Understanding if emotional pain originates from real events or our interpretation of those events
	0	Analyzing what happened just prior to our upset
	0	Looking back at old journaling entries
	0	Brandishing the facts of brain science to win arguments
When Teens Talk about Suicide – Page 40 – According to the authors, what is one potential contributor to the rise in suicidality in today's teens?	0	Smartphones
	0	A high-fat, high-sugar diet
	0	The idea that feeling bad is abnormal
	0	Violent video games
When Teens Talk about Suicide – Page 40 – When clients have an immediate, lethal plan or won't commit to not ending their lives, what's the therapist's next step?	0	Going to the hospital
	0	Bringing in the extended family
	0	A referral to their prescribing psychiatrist
	0	A journaling exercise
Case Study – Page 65 – What was one red flag Gillis noticed when working with Jake and Susan?	0	Susan admitted to having hit Jake in the past

	0	Jake was constantly excusing Susan's behavior
	0	Jake and Susan didn't want to separate c divorce
	0	Jake said he'd been abused by partners in the past
Case Study – Page 65 – Why did Gillis initially decide against working with Jake individually?	0	She suspected Jake might have been abusive as well
	0	She couldn't see Jake individually without offering the same to Susan
	0	Susan was vehemently against it
	0	She thought Jake would have problems trusting her
Point of View – Page 71 – According to Gibson, the four types of emotionally immature parents are:	0	The emotional parent, the cold parent, the perfectionistic parent, and the needy parent
	0	The emotional parent, the rejecting parent, the driven parent, and the passive parent
	0	The emotional parent, the self-centered parent, the driven parent, and the passive parent
	0	The immature parent, the rejecting parent, the perfectionistic parent, and the needy parent