



PO Box 1000  
Eau Claire, WI 54702  
(888) 851-9498

**September/October 2023: Beyond Diagnosis: Are There New  
Ways to End Suffering?**

**Post Test/Evaluation Form**

**Price for CE Certificate: \$30**

MGT095649

8/31/2023

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$30 per person CE fee.

A certificate of successful completion will be emailed/faxed/mailed to you. You will receive your CE certificate within two weeks from date of receipt of your request form and test. To receive your certificate sooner than two weeks, rush processing is available for a fee. Please attach check\* or include credit card information below. **Customers outside the US: We will only accept payments for Continuing Education Credits by use of a credit card. All other forms of payment will not be accepted.**

**For office use only**

Rcvd \_\_\_\_\_  
Graded \_\_\_\_\_  
Cert Mailed \_\_\_\_\_

**CE Fee: \$30 (Rush Processing Fee: \$10) Total to be charged: \_\_\_\_\_**

**Credit Card Information**

\_\_\_\_\_  
Credit Card Number

\_\_\_\_\_  
Expiration Date

\_\_\_\_\_  
Security Code\*

\_\_\_\_\_  
Name on Card (Please print)

\_\_\_\_\_  
Authorized Signature

**\*MC/VISA/Discover:** 3 digits on signature panel on back of card  
**American Express:** 4 digits above account # on face of card

**Contact Information (Please Print)**

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
First Name

\_\_\_\_\_  
Middle Initial

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip

\_\_\_\_\_  
Email

\_\_\_\_\_  
Daytime Phone

\_\_\_\_\_  
Fax

\_\_\_\_\_  
Signature

**Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775**

## Evaluation

I certify that I have participated in this program in its entirety. \*

☐ Yes

☐ No

Course content was relevant to objectives. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? \*

☐ Yes ☐ No

Quiz completion process was user-friendly. \*

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker? *	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

## Objectives

Was this objective met? Assess Lyons's approach to working with clients who self-diagnose.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Evaluate Delahooke's alternative view of the oppositional defiant disorder diagnosis	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Apply Saul's approach to addressing moral injury in therapeutic spaces.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree

## Post Test

In Consultation - page 15 - According to Faller and Watson, the three behavioral cycles in a romantic relationship are:	<input type="radio"/> emotional, sexual, and caretaking
	<input type="radio"/> loving, kindness, and empathy
	<input type="radio"/> mental, physical, and spiritual
	<input type="radio"/> social, sexual, and practical
The Future of Diagnosis - page 20 - The ICD is composed of mental health diagnoses and:	<input type="radio"/> personal essays
	<input type="radio"/> therapy tools and strategies
	<input type="radio"/> disease-related diagnoses
	<input type="radio"/> homework assignments
The Future of Diagnosis - page 20 - Which of these is one of HiTOP's six spectral dimensions?	<input type="radio"/> Depressed mood
	<input type="radio"/> Maladaptive thinking
	<input type="radio"/> Trauma responses
	<input type="radio"/> Thought disorders
Seeking the Autism Diagnosis - page 28 - Goren says there's another dimension to her work, outside of assessments, which is:	<input type="radio"/> running lab tests
	<input type="radio"/> providing mental health treatment
	<input type="radio"/> helping her clients make meaning from their experiences
	<input type="radio"/> tamping down the rise of self-diagnosing
Seeking the Autism Diagnosis - page 28 - hat's the purpose of the virtual group workshops Goren holds for clients who don't meet the autism diagnosis criteria?	<input type="radio"/> It's recreating the community many of them found when they self-diagnosed
	<input type="radio"/> It's a place for clients to learn about art and poetry

	<input type="radio"/> It's a space where Goren can observe these clients to offer a more accurate diagnosis <input type="radio"/> It helps these clients hone their social skills
A Never-Ending Adjustment Disorder - page 34 - According to Ferentz, the DSM lacks diagnostic criteria that helps us assess for:	<input type="radio"/> attachment issues <input type="radio"/> strengths and resiliency <input type="radio"/> the negative ways clients see themselves <input type="radio"/> countertransference
A Never-Ending Adjustment Disorder - page 34 - In Shapiro's view, a diagnosis can be thought of as:	<input type="radio"/> a fabrication <input type="radio"/> a starting point <input type="radio"/> the source of a client's problem <input type="radio"/> a tool that informs a clinician's thinking about treatment
The Hidden Trauma of Moral Injury - page 40 - According to Saul, moral injury is not a diagnosis, but:	<input type="radio"/> an act of brutality <input type="radio"/> an ethical and spiritual crisis <input type="radio"/> a state dependent on one's religious convictions <input type="radio"/> a part of PTSD
The Hidden Trauma of Moral Injury - page 40 - Saul writes that healing moral injury requires:	<input type="radio"/> ongoing psychoanalysis <input type="radio"/> CBT <input type="radio"/> medication <input type="radio"/> replacing self-blame and isolation with self-forgiveness and connectedness
"I Know What's Wrong with Me" - page 46 - The Barnum effect refers to a psychological phenomenon where:	<input type="radio"/> people assume a symptom list is accurate simply because it's online <input type="radio"/> a person finds a disorder appealing despite its social stigma <input type="radio"/> descriptions are vague enough for people to assume they're accurate <input type="radio"/> a person loses touch with reality
The Problem with ODD - page 50 - Delahooke believes we should see ODD behaviors as:	<input type="radio"/> disordered <input type="radio"/> intractable <input type="radio"/> adaptive <input type="radio"/> evidence of exhaustion
The Rise of Therapy-Speak - page 56 - Barker says when clients use words like gaslighting and narcissism to externalize blame, he uses it as an opportunity to:	<input type="radio"/> correct them <input type="radio"/> ask where they learned those words <input type="radio"/> pivot toward a more internal journey <input type="radio"/> have them reconsider their word choice
The Rise of Therapy-Speak - page 56 - Barker says that if your definition of a term like trauma is in direct contract with your client's then the question becomes:	<input type="radio"/> what does the client want to do with the label? <input type="radio"/> why is my client being oppositional? <input type="radio"/> how can I find common ground with my client?

Case Study - page 63 - A powerful belief that guides Fox in her session with the couple she works with can be summarized as:

- ☐ why does my client think this way about the label?
- ☐ her clients' bodies hold the information they're looking for
- ☐ rekindling romance will reduce the couple's fights
- ☐ it's important to problem-solve when technology interferes with connection
- ☐ clients benefit from psychoeducation

Point of View - page 69 - Johnson says Austrian biologist Ludwig von Bertalanffy's Level II change in living systems shows up in therapy as:

- ☐ changing the way people structure their emotions and engage in emotional regulation
- ☐ helping someone who's depressed alter their behavioral patterns
- ☐ guiding people who've suffered from a trauma tolerate trauma better
- ☐ coaching someone who's injured on gentle exercise