



PO Box 1000
Eau Claire, WI 54702
(888) 851-9498

January/February 2020: The Evolving Therapist: Why We Do the Work We Do

MGT095627

12/31/2019

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$30 per person CE fee.

A certificate of successful completion will be emailed/faxed/mailed to you. You will receive your CE certificate within two weeks from date of receipt of your request form and test. To receive your certificate sooner than two weeks, rush processing is available for a fee. Please attach check* or include credit card information below. **Customers outside the US: We will only accept payments for Continuing Education Credits by use of a credit card. All other forms of payment will not be accepted.**

For office use only

Rcvd _____
Graded _____
Cert Mailed _____

CE Fee: \$30 (Rush Processing Fee: \$10) Total to be charged: _____

Credit Card Information

Credit Card Number

Expiration Date

Security Code*

Name on Card (Please print)

Authorized Signature

***MC/VISA/Discover:** 3 digits on signature panel on back of card
American Express: 4 digits above account # on face of card

Contact Information (Please Print)

Last Name

First Name

Middle Initial

Address

City

State

Zip

Email

Daytime Phone

Fax

Signature

Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775

Evaluation

I certify that I have participated in this program in its entirety. *

☐ Yes

☐ No

Course content was relevant to objectives. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? *

☐ Yes ☐ No

Quiz completion process was user-friendly. *

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes <input type="radio"/> No <input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes <input type="radio"/> No <input type="radio"/> N/A
The total length of time to complete the course (hours and minutes): <i>REQUIRES WRITTEN RESPONSE *</i>	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes <input type="radio"/> No <input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes <input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes <input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes <input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes <input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes <input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes <input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes <input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes <input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes <input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes <input type="radio"/> No

Objectives

Was this objective met? Apply Delahooke's approach to behavioral challenges with kids.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Assess the clinical benefits of disclosing a therapist's illness.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Evaluate Mathewes's and Miller's view of deliberate practice.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Post Test

In Consultation - Page 17) Delahooke says that emotional and behavioral control is:

☐ An ability infants have

☐ A developmental process

☐ A defense mechanism

☐ A choice for all kids

In Consultation - Page 17) Delahooke reframes Colwyn's "bad behaviors" as:

☐ Stress behaviors

☐ Energetic behaviors

☐ ADHD symptoms

☐ Manipulative cries for help

In Search of New Ideas- Page 24) Efran says one implication of Humberto Maturana's theory is that therapy is a:

☐ Treatment

☐ Farce

☐ Conversation

☐ Existential experience

In Search of New Ideas- Page 24) Efran regards terms like low self-esteem, lack of willpower, and procrastination to be:

☐ Illnesses

☐ Cries for help

☐ Explanatory fictions

☐ Learned behaviors

In Search of New Ideas- Page 24) Efran starts almost all sessions by asking:

☐ What is the problem?

☐ What can I do for you?

☐ What are you struggling with?

☐ What can you tell me about yourself?

Our Calling- Page 32) What does Treadway say sometimes gets in therapists' way of doing good work?	<input type="radio"/> Their desire to make money <input type="radio"/> Burnout <input type="radio"/> Unhelpful supervisors <input type="radio"/> Their own emotional needs
Our Calling- Page 32) No matter how experienced we are, Treadway says we all need to:	<input type="radio"/> Meditate daily <input type="radio"/> Stick to one clinical focus <input type="radio"/> Review our cases with peers and supervisors <input type="radio"/> Keep our fees in check
To Reveal or Not to Reveal- Page 40) Omin found that disclosing a therapist's illness early has:	<input type="radio"/> The least disruptive effects on therapy <input type="radio"/> The most disruptive effects on therapy <input type="radio"/> No effect on therapy <input type="radio"/> Consistently negative consequences
To Reveal or Not to Reveal- Page 40) A professional will does not include:	<input type="radio"/> Directives on how therapists want their clients to be notified <input type="radio"/> Details about safeguarding records <input type="radio"/> Life-insurance information <input type="radio"/> Information about transferring clients
Meet You in McGinnis Meadows- Page 46) Research shows that a therapist getting negative feedback early on is associated with:	<input type="radio"/> Worse feedback later on <input type="radio"/> Experience level <input type="radio"/> Better results at the end <input type="radio"/> Lack of training in specific techniques
Meet You in McGinnis Meadows- Page 46) Evidence shows that most therapists tend to overestimate their effectiveness.	<input type="radio"/> True <input type="radio"/> False
Meet You in McGinnis Meadows- Page 46) Improving attunement requires what additional step?	<input type="radio"/> Intentionality <input type="radio"/> Deliberate practice <input type="radio"/> Decisiveness <input type="radio"/> Malleability
Meet You in McGinnis Meadows- Page 46) Which is not part of ARPS?	<input type="radio"/> Prediction <input type="radio"/> Support <input type="radio"/> Automated <input type="radio"/> Reference point
Case Study- Page 63) Faller believes that the ultimate goal of couples therapy is to help partners:	<input type="radio"/> Understand the neurobiology of emotional pain <input type="radio"/> Reawaken passion <input type="radio"/> Learn that becoming vulnerable is the key to intimacy <input type="radio"/> Find more time for each other
Point of View- Page 69) Breland-Noble says the first step to building culturally relevant programs is:	<input type="radio"/> Figuring out who the cultural powerbrokers are in a community <input type="radio"/> Getting government funding

☐ Good marketing

☐ Making therapy tolerable
