



PO Box 1000
Eau Claire, WI 54702
(888) 851-9498

**January/February 2019 Can't See the Forest?: Maybe It's Time
to Get Out of the Office**

MGT095621

12/31/2018

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Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775

Evaluation

I certify that I have participated in this program in its entirety. *

☐ Yes

☐ No

Course content was relevant to objectives. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? *

☐ Yes ☐ No

Quiz completion process was user-friendly. *

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives

Was this objective met? Appraise Snyder's view of how any clinician can address sexual issues in therapy.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Analyze Perel's perspective on the therapist's role in discussing masculinity today.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Investigate the solution-focused approach used to address Weiwei's behavioral issue.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Post Test

Clinician's Digest- Page 11) Hasbach has found that eco-anxious clients often experience:

☐ Nightmares with natural disaster themes

☐ Co-occurring agoraphobia

☐ A compulsion to avoid the natural world

☐ Feelings of shame and complicity

In Consultation- Page 15) Which is not one of the three parts to sex the author mentions?

☐ Desire

☐ Arousal

☐ Afterglow

☐ Orgasm

In Consultation- Page 15) According to Snyder, psychological arousal:

☐ Tends to be at the heart of most good sex

☐ Is hard for most people to achieve

☐ Is only important for women

☐ Should only be discussed with a sex therapist

In Consultation- Page 15) Which is not on Snyder's short list of what usually happens when people get aroused?

☐ They get absorbed in the moment

☐ They regress to a more infantile state of mind

☐ They feel great about themselves

☐ They experience feelings of weightiness

In Consultation- Page 15) Sex therapy helps people develop their powers of self-observation, then speak up for what they've discovered they need.

☐ True

☐ False

Survival Skills- Page 22) The point of Barrett's sandbag exercise with Passages participants was to:

☐ Help them share and relieve their burdens

	<input type="radio"/> Set therapeutic boundaries <input type="radio"/> Activate the nervous system <input type="radio"/> Teach mindfulness skills
Survival Skills- Page 22) The process Barrett calls CAT stands for:	<input type="radio"/> Coregulation activation therapy <input type="radio"/> Collaborative accountability talk <input type="radio"/> Consider, account, translate <input type="radio"/> Call out, attend, take down
Creating a Web of Connection- Page 34) To improve outcomes, Alden Mahlberg's group practice encourages intense competition among colleagues.	<input type="radio"/> True <input type="radio"/> False
The Masculinity Paradox- Page 40) According to Perel, after the family therapy movement, the field swung toward a hyperfocus on:	<input type="radio"/> Men's vulnerability <input type="radio"/> The individual <input type="radio"/> Parental relationships <input type="radio"/> The political landscape
The Masculinity Paradox- Page 40) Perel believes it's time for our field to find a way to unite:	<input type="radio"/> Power with intimacy <input type="radio"/> Couples with powerful therapists <input type="radio"/> Women with feminist leaders of the past <input type="radio"/> Context with individualism
Case Study- Page 53) Which is not an element of the Kid'Skills approach?	<input type="radio"/> Positive discipline <input type="radio"/> Collaboration with parents <input type="radio"/> Turning problems into useful skills <input type="radio"/> Soliciting the child's help
Case Study- Page 53) After spreading out the skill cards, the counselor asks:	<input type="radio"/> Weiwei's mother to choose a skill for him to learn <input type="radio"/> Weiwei to choose a skill he'd like to learn <input type="radio"/> Weiwei's teacher to choose a skill for him to learn <input type="radio"/> Weiwei to select a skill at random
Point of View- Page 59) Wolfert's "de-cruiting" process helps vets:	<input type="radio"/> Consciously de-couple in intimate relationships <input type="radio"/> Leave their wartime automatic responses behind <input type="radio"/> Establish an acting career <input type="radio"/> Develop better sleep habits
Point of View- Page 59) Which is not one of the three questions Wolfert asks vets in his groups?	<input type="radio"/> What do you feel? <input type="radio"/> Where in your body do you feel it? <input type="radio"/> When else have you felt that way? <input type="radio"/> Why do you feel that way?
Point of View- Page 59) When reading Shakespeare in verse, you ground and breathe in before each line of text, which also helps with self-regulation.	<input type="radio"/> True <input type="radio"/> False