



**Evaluation**

I certify that I have participated in this program in its entirety. \*

Yes

No

Course content was relevant to objectives. \*

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

How useful was the content for your practice or other professional development? \*

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

The author's delivery supported the asynchronous activity. \*

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

Overall, the content met my expectations. \*

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

Was the technology user friendly? \*

Yes  No

Quiz completion process was user-friendly. \*

Yes  No

Questions/concerns were addressed effectively and in a timely manner.

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

Yes

No

N/A

Was a commercial product promoted in the articles?

Yes

No

N/A

Was this publication free from commercial influence or bias?

Yes

No

N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes): <i>REQUIRES WRITTEN RESPONSE *</i>	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

## Objectives

Was this objective met? Analyze Cohen-Posey's perspective on the use of images to improve client engagement.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

Was this objective met? Analyze Perel's view of male sexuality and its clinical implications.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

Was this objective met? Assess Epstein's view of mindfulness as it relates to clinical practice.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

## Post Test

In Consultation - Page 15) Which of the following is not part of Cohen-Posey's approach?

Somatic therapy

Brain-based therapy

Inner-dialogue therapies

Dream analysis

In Consultation - Page 15) Having clients identify what they like about a picture can be easily:

Turned into images they can paint themselves

Reframed as inner resources or strengths

Tested within the therapy hour

Used to inform a diagnosis

In Consultation - Page 15) Viewing visual images with clients creates a shared experience of their awe or joy or calm, whereas asking them to access mental imagery is a more solitary experience for them.

True

False

In Consultation - Page 15) To facilitate healing, the author asks Wayne to keep a dual focus on the knot in his stomach and:

The thought of not finding work

A chart of mismatched neurochemicals

The uplifting visual image of the sun

A mental image of his son

Symposium 2018 Highlights- Page 28) According to Jack Kornfield, what's critical to any kind of healing is:

Documenting a client's trauma history

To be witnessed and loved

To be well versed in Buddhist psychology

To be politically active in a community

Symposium 2018 Highlights- Page 28) According to Harriet Lerner, good treatment involves helping wrongdoers:

Forgive themselves

	<input type="radio"/> Enlarge their platform of self-worth while holding them fully accountable for their wrongdoings <input type="radio"/> Have better emotional control <input type="radio"/> Write a long letter to the hurt party
Symposium 2018 Highlights- Page 28) According to Lerner, forgiveness is the only path to a life that's not mired in bitterness and hate.	<input type="radio"/> True <input type="radio"/> False
Symposium 2018 Highlights- Page 28) Which of the following is not one of the myths that Esther Perel debunks?	<input type="radio"/> Male sexuality is purely biological and not relational <input type="radio"/> Male sexuality is predatory <input type="radio"/> All men want is sex <input type="radio"/> Female sexuality is relational and complex <input type="radio"/> An experience free of fear <input type="radio"/> A distraction from life stressors <input type="radio"/> Hard-wired into their brains <input type="radio"/> The only socially acceptable way to experience tenderness and softness
Symposium 2018 Highlights- Page 28) According to the Gottmans' research, successful couples:	<input type="radio"/> Turn off the seven emotional command centers in the brain <input type="radio"/> Do not need to make sex a priority <input type="radio"/> Turn toward their partner's bids for connection 86 percent of the time <input type="radio"/> Only need to spend 35 minutes a week together
Symposium 2018 Highlights- Page 28) Irvin Yalom feels that his patients often reveal secrets to him and his interventions are likely to carry more weight because of:	<input type="radio"/> His reputation and patients' preconceptions about him <input type="radio"/> His unique existential perspective <input type="radio"/> The cadence in which he speaks <input type="radio"/> His long waiting list
Case Study- Page 53) Mostly de Marneffe's consultation group helped her see that:	<input type="radio"/> Christina needed to get a divorce <input type="radio"/> Her boundaries could feel too fluid at times <input type="radio"/> She was seeing too many clients <input type="radio"/> Christina needed a different therapist
Case Study- Page 53) What does de Marneffe believe ultimately helped Christina?	<input type="radio"/> Bearing witness to her confusion and shame with interest and calm <input type="radio"/> Reading the literature on lovesickness <input type="radio"/> Practicing mindfulness <input type="radio"/> Exploring her experience in terms of the principles of addiction
Point of View- Page 59) According to Epstein, mindfulness is not which of the following?	<input type="radio"/> An end in itself <input type="radio"/> Preliminary to insight <input type="radio"/> Meant to develop the capacity to tolerate the entire range of human emotion <input type="radio"/> An introductory technique
Point of View- Page 59) Epstein cautions that it's possible to use mindfulness defensively to keep oneself away from the more troubling aspects of the self.	<input type="radio"/> True

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False

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