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**July/August 2017 Left to Our Own Devices: Is It Time for
Therapists to Be Concerned?**

Post Test/Evaluation Form

Price for CE Certificate: \$35

MGT095612

6/30/2017

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$35 per person CE fee.

A certificate of successful completion will be emailed/faxed/mailed to you. You will receive your CE certificate within two weeks from date of receipt of your request form and test. To receive your certificate sooner than two weeks, rush processing is available for a fee. Please attach check* or include credit card information below. **Customers outside the US: We will only accept payments for Continuing Education Credits by use of a credit card. All other forms of payment will not be accepted.**

For office use only

Rcvd _____
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CE Fee: \$35 (Rush Processing Fee: \$10) Total to be charged: _____

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***MC/VISA/Discover:** 3 digits on signature panel on back of card
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State

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Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775

Evaluation

I certify that I have participated in this program in its entirety. *

☐ Yes

☐ No

Course content was relevant to objectives. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? *

☐ Yes ☐ No

Quiz completion process was user-friendly. *

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives

Was this objective met? Analyze Cohen's ideas view of using the play zone with kids in therapy.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Appraise Maté's perspective on addiction treatment.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Evaluate Paquette's approach to applying positive psychology principles to technology use.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Post Test

In Consultation - Page 13) According to Cohen, the play zone allows young children to:

☐ Integrate parts of their developing brain

☐ Address difficulties more effectively

☐ Operate outside of parental restraints

☐ None of the above

In Consultation - Page 13) To rebuild Becca's sense of confidence, Cohen recommends she and her mother engage in:

☐ Pillow fights

☐ Silly dancing

☐ Tackle/Tackle

☐ All of the above

In Consultation - Page 13) Cohen's intervention with Becca was effective because it:

☐ Activated strong emotions through play while providing a deliberate release for them

☐ Resulted in agitation then meltdown

☐ Led to a serious conversation about hoarding and clinging

☐ None of the above

Hacking Happiness- Page 25) Which is not one of the three dimensions of happiness positive psychology identifies?

☐ A strong presence of positive and pleasant emotions

☐ A sense of meaning and purpose that anchors us

☐ A release from obligations that burden us

☐ A feeling of connection with those around us

Hacking Happiness- Page 25) One of the attitudes and habits that make a lasting difference to our happiness is:

☐ Courage

☐ Morality

	<input type="radio"/> Self-compassion <input type="radio"/> Skepticism
Hacking Happiness- Page 25) Paquette recommends which of the following as a strategy for hacking happiness?	<input type="radio"/> Limit screen time <input type="radio"/> Use masking tape to cover half your screen <input type="radio"/> Delete one of your social media accounts <input type="radio"/> Block negative stories on news feeds
The Addict in All of Us- Page 32) According to Maté, addiction involves:	<input type="radio"/> Craving and an inability to give it up <input type="radio"/> Relief and pleasure in the short term <input type="radio"/> Negative outcomes in the long term <input type="radio"/> All of the above
The Addict in All of Us- Page 32) Maté says addiction:	<input type="radio"/> Never serves a good purpose in a person's life <input type="radio"/> Always serves a purpose in a person's life <input type="radio"/> Only qualifies as addiction if there's a substance involved <input type="radio"/> Is the same as bad habits
The Addict in All of Us- Page 32) Maté argues all addictions are rooted in trauma, but not all trauma results in addiction.	<input type="radio"/> True <input type="radio"/> False
The Addict in All of Us- Page 32) What is the common undercurrent in addiction?	<input type="radio"/> Shame <input type="radio"/> Grief <input type="radio"/> Aggression <input type="radio"/> None of the above
The Addict in All of Us- Page 32) Maté says addiction treatment must aim at nothing less than behavior reform.	<input type="radio"/> True <input type="radio"/> False
Case Study- Page 47) Kort argues that too often couples therapists:	<input type="radio"/> Automatically side with female partners when it comes to wanting only relational sex <input type="radio"/> Don't do enough to address sexual differentiation <input type="radio"/> Let their own biases about sexual behaviors get in the way <input type="radio"/> All of the above
Case Study- Page 47) Kort explains to Susan that her husband's dirty talk is:	<input type="radio"/> A pathology that should be treated <input type="radio"/> Just a different kind of attachment language <input type="radio"/> A sign that he may be watching too much online porn <input type="radio"/> None of the above
Point of View- Page 53) Which of the following is not one of Damour's seven transitions teenage girls need to make as they enter adulthood?	<input type="radio"/> Parting with childhood <input type="radio"/> Contending with sexual harassment <input type="radio"/> Harnessing emotions <input type="radio"/> Planning for the future

Point of View- Page 53) Damour says distinguishing between which two terms is helpful for kids?

☐ Unloved and unpopular

☐ Mean and abusive

☐ Popular and powerful

☐ None of the above