



PO Box 1000
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March/April 2017 Round Hole, Square Peg: If It Doesn't Fit,
Don't Force It

Post Test/Evaluation Form

Price for CE Certificate: \$35

MGT095610

2/28/2017

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$35 per person CE fee.

A certificate of successful completion will be emailed/faxed/mailed to you. You will receive your CE certificate within two weeks from date of receipt of your request form and test. To receive your certificate sooner than two weeks, rush processing is available for a fee. Please attach check* or include credit card information below. **Customers outside the US: We will only accept payments for Continuing Education Credits by use of a credit card. All other forms of payment will not be accepted.**

For office use only

Rcvd _____
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CE Fee: \$35 (Rush Processing Fee: \$10) Total to be charged: _____

Credit Card Information

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***MC/VISA/Discover:** 3 digits on signature panel on back of card
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Last Name

First Name

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Address

City

State

Zip

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Daytime Phone

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Signature

Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775

Evaluation

I certify that I have participated in this program in its entirety. *

☐ Yes

☐ No

Course content was relevant to objectives. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? *

☐ Yes ☐ No

Quiz completion process was user-friendly. *

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives

Was this objective met? Appraise Burns's method of addressing client resistance.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Analyze Weiner-Davis's approach to working with couples after an affair.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Evaluate Andreas's view of working with unconscious processes.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Post Test

In Consultation - Page 15) When working with teen clients, one mistake therapists often make is:

☐ Using outdated slang

☐ Moving right into problem-solving mode

☐ Not being a stern disciplinarian

☐ None of the above

In Consultation - Page 15) The author's approach to working toward change with teens:

☐ Doesn't rely on discussing specific therapeutic goals

☐ Relies on agreeing on specific goals

☐ Requires parents to set the goals

☐ None of the above

When Helping Doesn't Help- Page 18) To identify more resistant clients before therapy even starts, Burns developed a:

☐ Woefulness Scale

☐ Willingness Scale

☐ Worthiness Scale

☐ None of the above

When Helping Doesn't Help- Page 18) The two major kinds of resistance Burns identifies are:

☐ Process and homework

☐ Exposure and outcome

☐ Outcome and process

☐ None of the above

When Helping Doesn't Help- Page 18) The phase of TEAM-CBT that allows you to bring a client's resistance to conscious awareness is called:

☐ Paradoxical agenda setting (PAS)

☐ Empathy phase

☐ Methods phase

☐ None of the above

When Helping Doesn't Help- Page 18) Burns works with Christine to make a list of the positive aspects about her:	<input type="radio"/> Negative thoughts and feelings <input type="radio"/> Life history <input type="radio"/> Past experiences in therapy <input type="radio"/> None of the above
Affair Repair- Page 38) Burns works with Christine to make a list of the positive aspects about her:	<input type="radio"/> True <input type="radio"/> False
Affair Repair- Page 38) Weiner-Davis sees no therapeutic benefit in holding secrets for her clients about affairs.	<input type="radio"/> True <input type="radio"/> False
Affair Repair- Page 38) The pivotal point in the author's work with Melissa came from helping her see that:	<input type="radio"/> She should be with her affair partner <input type="radio"/> Her sex life was lacking <input type="radio"/> Her behavior wasn't aligned with her values <input type="radio"/> None of the above
Affair Repair- Page 38) In the post-discovery period, clients need:	<input type="radio"/> Direction about what to expect and the tasks both spouses must accomplish to heal <input type="radio"/> A trial separation <input type="radio"/> The chance to rewrite their marriage vows <input type="radio"/> None of the above
Adjusting the Unconscious- Page 46) Andreas argues that we can bring about therapeutic change in a short time by:	<input type="radio"/> Scheduling shorter sessions <input type="radio"/> Charging clients more for our time <input type="radio"/> Modifying a few unconscious processes <input type="radio"/> None of the above
Adjusting the Unconscious- Page 46) Which of the following is not one of the seven principles Andreas mentions?	<input type="radio"/> Change the cause, not the symptom <input type="radio"/> Eliminate, don't adjust <input type="radio"/> Discover the unconscious processes that elicit feelings <input type="radio"/> Point of view is a key process element
Adjusting the Unconscious- Page 46) Andreas urges therapists to pay attention to:	<input type="radio"/> The size of a troubling memory image <input type="radio"/> The closeness of a troubling memory image <input type="radio"/> The tempo, tonality, and volume of a critical internal voice <input type="radio"/> All of the above
Case Study- Page 65) Bipolar chronotherapy:	<input type="radio"/> Is a way of viewing the continuum of time <input type="radio"/> Helps clients accept their diagnosis <input type="radio"/> Is a bipolar-specific variation of CBT designed to treat insomnia <input type="radio"/> None of the above
Case Study- Page 65) The amber-tinted glasses are meant to block:	<input type="radio"/> Red light <input type="radio"/> Blue light <input type="radio"/> Yellow light

	<input type="radio"/> All of the above
Point of View- Page 71) When working with teen clients, one mistake therapists often make is:	<input type="radio"/> Developing mindful awareness of emotional experiences
	<input type="radio"/> Developing more cognitive flexibility in one's appraisal of emotional experiences
	<input type="radio"/> Developing ways to monitor nutritional intake
	<input type="radio"/> Emotion exposure
Point of View- Page 71) Which is not one of the five principles Barlow identifies for treating emotional disorders?	<input type="radio"/> Developing mindful awareness of emotional experiences
	<input type="radio"/> Developing more cognitive flexibility in one's appraisal of emotional experiences
	<input type="radio"/> Developing ways to monitor nutritional intake
	<input type="radio"/> Emotion exposure