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Jan/Feb 2017: The Connected Self: Psychotherapy's Role in the Wider World

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Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775

Evaluation

I certify that I have participated in this program in its entirety. *

Yes

No

Course content was relevant to objectives. *

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

How useful was the content for your practice or other professional development? *

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

The author's delivery supported the asynchronous activity. *

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

Overall, the content met my expectations. *

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

Was the technology user friendly? *

Yes No

Quiz completion process was user-friendly. *

Yes No

Questions/concerns were addressed effectively and in a timely manner.

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

Yes

No

N/A

Was a commercial product promoted in the articles?

Yes

No

N/A

Was this publication free from commercial influence or bias?

Yes

No

N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
<i>REQUIRES WRITTEN RESPONSE *</i>	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
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Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
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Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives

Was this objective met? Evaluate Doherty's view of psychotherapy and the wider culture.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

Was this objective met? Appraise van der Kolk's view of the changes in trauma treatment over the last 40 years.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

Was this objective met? Assess Siegel's view on the importance of understanding neural integration.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

Post Test

Psychotherapy's Pilgrimage- Page 20) According to Doherty, therapy movements are about what it means to be a human being at a particular time and in a particular culture.

True

False

Psychotherapy's Pilgrimage- Page 20) According to Doherty, psychoanalysis had offered up the idea of:

The Rational/Linear Self

The Weary/Worrisome Self

The Complex/Conflicted Self

None of the above

Psychotherapy's Pilgrimage- Page 20) Doherty calls the understanding of human growth and potential that emerged in the '60s and '70s:

The Authentic/Liberated Self

The Hippie/Happy Self

The Loose/Liberated Self

None of the above

Psychotherapy's Pilgrimage- Page 20) After learning the outcome of his medical family therapy with Jeanne and her parents, Doherty writes that he handed in his:

Copy of the DSM

License to practice

"Miracle worker" badge

All of the above

Psychotherapy's Pilgrimage- Page 20) Doherty argues that what new image of the self-started taking hold in the wider American culture and showing up in therapy in the '80s?

The Contrived Self

The Consumer Self

The Calculated Self

None of the above

Psychotherapy's Pilgrimage- Page 20) What does Doherty claim we'd lost in the '90s that had inspired many therapists in earlier decades?	<input type="radio"/> Attention to the larger context and a sense that we could make a difference outside the consulting room <input type="radio"/> Attention to improving techniques for dealing with child abuse and neglect <input type="radio"/> The influence of charismatic therapy gurus <input type="radio"/> None of the above
Psychotherapy's Pilgrimage- Page 20) Doherty says that at this time of fragmentation and division, therapists need to:	<input type="radio"/> Recover our belief that we have something to offer beyond symptom reduction <input type="radio"/> Recover our conviction and passionate intensity as a profession <input type="radio"/> Recognize that we're in the glue business <input type="radio"/> All of the above
Psychotherapy's Pilgrimage- Page 20) Doherty proposes a new vision for the self he calls:	<input type="radio"/> The Corrective/Collective Self <input type="radio"/> The Active/Ethical Self <input type="radio"/> The Connected/Committed Self <input type="radio"/> None of the above
Then, Now, and Tomorrow- Page 34) Salvador Minuchin's goal as a therapist was to be an intervenor who creates uncertainty in clients about who they were and are and what they're capable of becoming.	<input type="radio"/> True <input type="radio"/> False
Then, Now, and Tomorrow- Page 34) According to Mary Jo Barrett, a tenet of the family-preservation movement in the mid-'80s was:	<input type="radio"/> Establishing a sense of hierarchy in a family <input type="radio"/> Getting the foster parent and the biological parents to work together <input type="radio"/> Performing a "parentectomy" <input type="radio"/> Getting children to draw a new family tree
Then, Now, and Tomorrow- Page 34) According to van der Kolk, a key development that's advanced trauma treatment is:	<input type="radio"/> The recognition of the role dissociation plays in the aftermath of trauma <input type="radio"/> The emergence of EMDR <input type="radio"/> The revitalization of bottom-up approaches <input type="radio"/> All of the above
Then, Now, and Tomorrow- Page 34) According to Ken Hardy, the feminist critique hindered the progress of exposing and addressing issues of race in family therapy.	<input type="radio"/> True <input type="radio"/> False
Then, Now, and Tomorrow- Page 34) John Preston notes that the outcomes for people treated for depression by primary care physicians are:	<input type="radio"/> Very poor <input type="radio"/> Very good <input type="radio"/> There are no studies on this <input type="radio"/> None of the above
Then, Now, and Tomorrow- Page 34) Preston says an issue that will profoundly affect mental health treatment is that, in the last 20 years, the number of medical students signing up for psychiatry as a specialty has dropped by:	<input type="radio"/> 10 percent <input type="radio"/> 50 percent <input type="radio"/> 30 percent <input type="radio"/> None of the above
Then, Now, and Tomorrow- Page 34) According to Dan Siegel, the '90s brought us a new perspective on the brain as:	<input type="radio"/> Self-destructive

Self-sustaining

Self-renewing

None of the above
