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Jan/Feb 2016: Speaking of Sex: Why Is It Still So Difficult?

MGT095602

12/31/2015

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Evaluation

I certify that I have participated in this program in its entirety. *

☐ Yes

☐ No

Course content was relevant to objectives. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? *

☐ Yes ☐ No

Quiz completion process was user-friendly. *

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
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Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
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	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
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	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives

Was this objective met? Analyze how Johnson, Perel, Weiner-Davis, and Kerner approach the issue of sex in their work with couples.

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Was this objective met? Appraise Solomon's view of the hookup culture on today's college campuses.

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Was this objective met? Investigate lasenza's approach to transforming sexual narratives.

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Post Test

In Consultation - Page 11) According to Wexler, good workshop presenters:

- ☐ Think like they're in the audience when designing workshop content
- ☐ Check their egos at the door
- ☐ Make good use of evaluations without getting destroyed in the process
- ☐ All of the above

The Unspeakable Language of Sex- Page 14) Perel talks about sex not as something couples do, but more as:

- ☐ A place they go
- ☐ A menu item
- ☐ A state of mind
- ☐ A way to pass time

The Unspeakable Language of Sex- Page 14) According to Johnson, the more integrated sex is with attachment, the more:

- ☐ Connected people become to their bodies
- ☐ Nurturing it becomes
- ☐ Negative patterns arise
- ☐ Boring it tends to be

The Unspeakable Language of Sex- Page 14) Kerner says the biggest problem with couples and porn is:

- ☐ The limited options
- ☐ The issue of secrecy
- ☐ The Internet viruses
- ☐ All of the above

The Unspeakable Language of Sex- Page 57) According to Kerner, porn can help couples achieve a fusion between:

- ☐ Relational and recreational sex
- ☐ Procreational and relational sex
- ☐ Procreational and recreational sex

	<input type="radio"/> None of the above
The Unspeakable Language of Sex- Page 14) Weiner-Davis asks people in a sex-starved marriage to:	<input type="radio"/> Try to use their anger as an aphrodisiac
	<input type="radio"/> Hold off on sex until after dinner
	<input type="radio"/> Identify their top love languages
	<input type="radio"/> None of the above
Transforming Sexual Narratives- Page 24) According to lasenza, the problem with standard models of human sexual response is that they:	<input type="radio"/> Impose a rigid, linear scheme on what's actually a messy and multidimensional process
	<input type="radio"/> Don't involve orgasm
	<input type="radio"/> Affect how we view our bodies
	<input type="radio"/> Don't leave room for communication of fantasies
Transforming Sexual Narratives- Page 24) For the therapist, sexual history-taking is an opportunity to create:	<input type="radio"/> Role-playing exercises for curious clients
	<input type="radio"/> New neural pathways to receiving pleasure
	<input type="radio"/> A safe, nonjudgmental space within which clients can narrate their sexual stories
	<input type="radio"/> None of the above
Inside Hookup Culture- Page 30) A hookup is brief, includes some form of physical sexual intimacy, and involves both parties shutting down any communication that might lead to emotional attachment.	<input type="radio"/> True
	<input type="radio"/> False
Inside Hookup Culture- Page 30) Solomon finds that almost all of her students express a desire for:	<input type="radio"/> A lifetime of hookups
	<input type="radio"/> A rulebook for their dating apps
	<input type="radio"/> A sexually faithful marriage
	<input type="radio"/> A sense of erotic freedom
Case Study- Page 49) Papernow believes that with troubled stepfamilies like Joe's, therapy generally proceeds best:	<input type="radio"/> When the focus is on blending
	<input type="radio"/> When it's done in subsystems
	<input type="radio"/> When the couple's relationship comes first
	<input type="radio"/> When the children can triangulate
Case Study- Page 49) According to Papernoew, secure attachment:	<input type="radio"/> Isn't necessary in stepfamilies
	<input type="radio"/> Is too difficult to repair
	<input type="radio"/> Is the parent's job not the child's
	<input type="radio"/> None of the above
Point of View- Page 57) McGonigal says that in every form of suffering she studied, the more people tried to avoid an inner experience they thought they couldn't handle, the better things got.	<input type="radio"/> True
	<input type="radio"/> False
Point of View- Page 57) McGonigal calls one of the ways people can positively respond to stress:	<input type="radio"/> A challenge response
	<input type="radio"/> A change response
	<input type="radio"/> An impossible response
	<input type="radio"/> A hypnotized mindset
Bookmarks- Page 63) Sax argues that the main reason why so many kids he sees are emotionally adrift is that their parents are:	<input type="radio"/> Overscheduling them
	<input type="radio"/> Too strict when they throw tantrums

-
- ☐ Afraid to inhabit secure parental identities as adults in charge
-
- ☐ None of the above
-