



PO Box 1000
Eau Claire, WI 54702
(888) 851-9498

**November/December 2021: Training for Today's Therapy:
What's Wanted? What's Needed?**

MGT095638

10/31/2021

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$30 per person CE fee.

A certificate of successful completion will be emailed/faxed/mailed to you. You will receive your CE certificate within two weeks from date of receipt of your request form and test. To receive your certificate sooner than two weeks, rush processing is available for a fee. Please attach check* or include credit card information below. **Customers outside the US: We will only accept payments for Continuing Education Credits by use of a credit card. All other forms of payment will not be accepted.**

For office use only

Rcvd _____
Graded _____
Cert Mailed _____

CE Fee: \$30 (Rush Processing Fee: \$10) Total to be charged: _____

Credit Card Information

Credit Card Number

Expiration Date

Security Code*

Name on Card (Please print)

Authorized Signature

***MC/VISA/Discover:** 3 digits on signature panel on back of card
American Express: 4 digits above account # on face of card

Contact Information (Please Print)

Last Name

First Name

Middle Initial

Address

City

State

Zip

Email

Daytime Phone

Fax

Signature

Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775

Evaluation

I certify that I have participated in this program in its entirety. *

☐ Yes

☐ No

Course content was relevant to objectives. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? *

☐ Yes ☐ No

Quiz completion process was user-friendly. *

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives

Was this objective met? Apply Tripp's art therapy strategies.

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Was this objective met? Assess the risks of sharing diagnoses with clients.

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Was this objective met? Evaluate Hofmann's approach to learning core competencies.

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Post Test

In Consultation - Page 15 - When introducing creative approaches:

- ☐ Some clients will have feelings of inadequacy about making art
- ☐ Some clients won't have art supplies
- ☐ Prior art-making experience is necessary
- ☐ Art therapy isn't suitable for most clients

In Consultation - Page 15 - The practice of "breath tracing" involves:

- ☐ Holding one's breath
- ☐ Inhaling for four counts
- ☐ Marking a page with lines while paying attention to one's breath
- ☐ Drawing squares while breathing in

In Consultation - Page 15 - Tripp suggests that scribbling:

- ☐ Is a useful way to expend energy
- ☐ Often yields an image with personal significance
- ☐ Is best used for anxiety
- ☐ Can help focus inattentive children

Therapy, Fast and Slow- Page 30 - According to Hazanov, therapists need what to inform their treatment:

- ☐ A note-taking system
- ☐ EMDR training
- ☐ Anonymous critique
- ☐ Feedback and metrics

Embracing Our Core Competencies- Page 36 - Hofmann says that therapists most need to learn:

- ☐ Therapy's philosophical underpinnings
- ☐ The latest modality
- ☐ Core competencies
- ☐ Meditation

Embracing Our Core Competencies- Page 36 - Hofmann says that when practicing CBT, therapists should:	<input type="radio"/> Incorporate other strategies and models <input type="radio"/> Never incorporate other strategies and models <input type="radio"/> Read to clients from the DSM <input type="radio"/> Always give a diagnosis
The Perpetual Student- Page 38 - Today, Fisher would recognize Catherine's fear, grief, and despair as:	<input type="radio"/> Attention seeking <input type="radio"/> Feeling memories <input type="radio"/> Irrational <input type="radio"/> Situational
The Perpetual Student- Page 38 - At first, Fisher saw Catherine's daily check-ins as:	<input type="radio"/> Manipulative <input type="radio"/> Controlling <input type="radio"/> A cry for help <input type="radio"/> Necessary for successful treatment
Beyond the Brain–Body Split- Page 44 - Top-down approaches to behavior change in young children can fail because:	<input type="radio"/> Kids aren't as reward-deprived as adults <input type="radio"/> The wrong rewards don't spark change <input type="radio"/> They don't know how to calm themselves physiologically <input type="radio"/> Their behavior patterns are too erratic
Beyond the Brain–Body Split- Page 44 - Our field can remedy its reliance on top-down thinking by:	<input type="radio"/> Following relational, neuroscientific principles <input type="radio"/> Giving workbooks to parents <input type="radio"/> Doing inner-child work during training <input type="radio"/> Emphasizing adultification
Beyond the Brain–Body Split- Page 44 - Building physiological self-regulation in children involves:	<input type="radio"/> Offering neurofeedback games online <input type="radio"/> Simple breathing exercises <input type="radio"/> Helping them unmask feelings <input type="radio"/> Creating attuned relationships
Decolonizing Mental Health- Page 50 - Murray-Browne encourages her trainees to:	<input type="radio"/> Take walks with their most anxious clients <input type="radio"/> Practice mindfulness <input type="radio"/> Accrue as many CE hours as possible <input type="radio"/> Go into their communities
Decolonizing Mental Health- Page 50 - The work that Victoria did with Jackie helped to:	<input type="radio"/> Decolonize her referral list <input type="radio"/> Show that therapists are people too <input type="radio"/> Deepen her understanding of depression <input type="radio"/> Reaffirm her understanding of trauma
Case Study- Page 69 - Sammak decided not to give one of her clients a BPD diagnosis because:	<input type="radio"/> She'd be covered by insurance anyway <input type="radio"/> She disagreed with the diagnosis <input type="radio"/> The client found the label so threatening <input type="radio"/> It ran contrary to a psychiatrist's diagnosis

Point of View- Page 75 - How does Zen Buddhism distinguish between pain and suffering?

- ☐ Pain is momentary; suffering is perpetuated pain
- ☐ Pain is physical; suffering is emotional
- ☐ Suffering is momentary; pain is perpetuated suffering
- ☐ Suffering is physical; pain is emotional