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July/August 2022: The Way We Grieve: Does Time Really Heal All Wounds?

MGT095642

6/30/2022

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Evaluation

I certify that I have participated in this program in its entirety. *

☐ Yes

☐ No

Course content was relevant to objectives. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? *

☐ Yes ☐ No

Quiz completion process was user-friendly. *

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.

☐ Yes

☐ No

☐ N/A

I have gained knowledge today that will enhance my skills and/or abilities.

☐ Yes

☐ No

☐ N/A

The total length of time to complete the course (hours and minutes):

*REQUIRES WRITTEN RESPONSE **

My attendance today will contribute toward improved patient/client outcomes in the future.

☐ Yes

☐ No

☐ N/A

Objectives

Was this objective met? Apply Lerner's understanding of attachment grief with grieving clients.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Evaluate Flemons's approach to expressing empathy in session.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Assess Schuurman's views on the symptoms of prolonged grief disorder.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree

Post Test

In Consultation - Page 15 - What is a waitlist not designed to do?	<input type="radio"/> Set practice boundaries
	<input type="radio"/> Help secure work-life balance
	<input type="radio"/> Protect the limits of a healthy caseload
	<input type="radio"/> Announce to the world that you're in demand
Is Prolonged Grief a Disorder? - Page 20 - According to Schuurman, all the symptoms the DSM lists for prolonged grief disorder are:	<input type="radio"/> Normal responses to grief
	<input type="radio"/> Abnormal responses to grief
	<input type="radio"/> Normal only for young clients
	<input type="radio"/> Similar to colds or flus
Is Prolonged Grief a Disorder? - Page 20 - Anderson says what kind of underlying trauma often comes with grief?	<input type="radio"/> Medical
	<input type="radio"/> Attachment
	<input type="radio"/> Cooccurring
	<input type="radio"/> Complex
Attachment Grief - Page 24 - According to Lerner, describing the grief experience as a "journey" perpetuates the myth that:	<input type="radio"/> It's time-consuming
	<input type="radio"/> It's a learning experience
	<input type="radio"/> There's an end
	<input type="radio"/> It's voluntary
Attachment Grief - Page 24 - Lerner says that attachment grief gives language to:	<input type="radio"/> The experience of remaining connected to a deceased loved one
	<input type="radio"/> The experience of one's grief being misunderstood
	<input type="radio"/> The experience of deep depression

	<input type="radio"/> The experience of being undiagnosable
Attachment Grief - Page 24 - With clients who are experiencing attachment grief, Lerner says she:	<input type="radio"/> Does some reality-checking
	<input type="radio"/> Validates what they're feeling and tells them it's normal
	<input type="radio"/> Reads them the definition of prolonged grief disorder
	<input type="radio"/> Self-discloses about her own loss
A Therapist Confronts Cancer - Page 30 - Lock considered whether it was ethical to continue with her client due to:	<input type="radio"/> Boundaries of competence
	<input type="radio"/> Personal Problems or Conflicts
	<input type="radio"/> Multiple relationships
	<input type="radio"/> Unfair discrimination
Moving through Grief - Page 40 - In EFIT, what is one key to living healthily after a loss?	<input type="radio"/> Nixing feelings of despair
	<input type="radio"/> Opening yourself to new attachments
	<input type="radio"/> Moving through challenging emotions
	<input type="radio"/> Regularly coming together with other mourners
Moving through Grief - Page 40 - If EFT therapists find a block to the grief process, they may try to do what?	<input type="radio"/> Accompany the client in feeling what might have felt intolerable
	<input type="radio"/> Explain the deleterious effects of not working through the block
	<input type="radio"/> Ask the client if they have a history of pathological grief
	<input type="radio"/> Encourage the client to bring on an experience of deep aloneness
The Inheritance of Loss - Page 44 - In Atlas's case, the emotional inheritance from her mother was stored how:	<input type="radio"/> As an unintegrated, isolated capsule
	<input type="radio"/> As a hesitation to take on grieving parents
	<input type="radio"/> Close to the surface
	<input type="radio"/> As a pervasive sense of doom
Cultivating Empathy - Page 48 - Rather than trying to assure clients that you "get" them, Flemons suggests approaching them with:	<input type="radio"/> Self-confidence
	<input type="radio"/> Objectivity
	<input type="radio"/> Respectful humility
	<input type="radio"/> Psychoeducation
Cultivating Empathy - Page 48 - As therapists, Flemons says, our use of empathy is inherently:	<input type="radio"/> Nonsensical
	<input type="radio"/> Misguided
	<input type="radio"/> Symmetrical
	<input type="radio"/> Asymmetrical
Case Study- Page 57 - In Laura, Schwarzbaum sees a woman who's replaced duty and obligation with what?	<input type="radio"/> Whining and striking
	<input type="radio"/> Fiery individualism
	<input type="radio"/> Boundless sexual exploration
	<input type="radio"/> A fear of closeness
Case Study- Page 57 - Though Mike has curbed any outward male aggression, he's been unable to deal with what aspect of being in relationship?	<input type="radio"/> Laura's silent treatments
	<input type="radio"/> The near-constant presence of children

Point of View- Page 63 - According to Kleiman, the societal message around the postpartum period is that it's supposed to be:

- ☐ Tolerating negative thoughts about himself
- ☐ The unchanged expectation that he work
- ☐ The best time of your life
- ☐ The hardest time of your life
- ☐ The most vulnerable time of your life
- ☐ The easiest time of your life