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July/August 2021 Necessary Illusions: Do You See What I See?

MGT095636

6/30/2021

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$30 per person CE fee.

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Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775

Evaluation

I certify that I have participated in this program in its entirety. *

☐ Yes

☐ No

Course content was relevant to objectives. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? *

☐ Yes ☐ No

Quiz completion process was user-friendly. *

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives

Was this objective met? Apply Mandley's suggestions on addressing the threat response of appease.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Evaluate the impact of Straus and McKenzie's four normative adolescent delusions.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Assess Burns's approach to reframing negative thoughts.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree

Post Test

In Consultation- Page 15 - Mandley says appeasement is a common threat response for BIPOC because:	<input type="radio"/> It's the only language white people understand
	<input type="radio"/> They're often on the bottom rung on the power hierarchy
	<input type="radio"/> Church elders teach its value
	<input type="radio"/> Fighting or fleeing is embarrassing
In Consultation- Page 15 - According to Mandley, some clients will comply with a therapist's demands because:	<input type="radio"/> They're afraid of losing the therapist
	<input type="radio"/> They think therapy has strict rules
	<input type="radio"/> They're ready to be pushed
	<input type="radio"/> They never learned to say no
The Fox and the Hedgehog- Page 26 - Doherty thinks therapy works in part by creating:	<input type="radio"/> A state of benign illusion
	<input type="radio"/> A respect for psychotherapy's greats
	<input type="radio"/> Practitioners who hold tight to tested models
	<input type="radio"/> Enough training options to last a lifetime
The Fox and the Hedgehog- Page 26 - Doherty's comparison of treatment styles to foxes and hedgehogs deals with:	<input type="radio"/> The client's ability to make quick gains
	<input type="radio"/> Therapists who do and don't hold to a single treatment philosophy
	<input type="radio"/> Being soft or prickly to the client's needs
	<input type="radio"/> Our level of empathy toward all living creatures
You Can Do Anything- Page 30 - When it comes to teens' "optimal delusionality," Straus suggests that therapists:	<input type="radio"/> Raise an alarm

	<input type="radio"/> Do more to foster and celebrate its creative aspects <input type="radio"/> Help them do some reality checking <input type="radio"/> Get inspired to follow their own optimal delusions
You Can Do Anything- Page 30 - Which is not one of the four normative adolescent delusions Straus mentions?	<input type="radio"/> The Delusion of Possible Selves <input type="radio"/> The Delusion of the Imaginary Audience <input type="radio"/> The Delusion of Endless Riches <input type="radio"/> The Delusion of Boundless Freedom
You Can Do Anything- Page 30 - According to Straus, an important part of the Personal Fable is the attendant experience of:	<input type="radio"/> Invulnerability <input type="radio"/> Blamelessness <input type="radio"/> Intelligence <input type="radio"/> Attractiveness
The Magic Dial- Page 38 - Burns suggested Maria use a “magic dial” to turn down her negative thoughts in order to:	<input type="radio"/> Make a deal with her subconscious resistance <input type="radio"/> Assess how much she was suffering <input type="radio"/> Monitor her daily progress <input type="radio"/> Cheerlead her ability to breastfeed her baby
The Magic Dial- Page 38 - Which of the following is not a cognitive distortion that Burns mentions?	<input type="radio"/> Mind reading <input type="radio"/> All-or-nothing thinking <input type="radio"/> Denial <input type="radio"/> Mental reasoning
The Myth of Infallibility- Page 52 - Sommers-Flanagan cites research that demonstrates that clinicians cannot predict suicide with 100 percent accuracy.	<input type="radio"/> True <input type="radio"/> False
The Myth of Infallibility- Page 52 - The four pieces of advice that David Jobes offered about what to do if a client dies by suicide included:	<input type="radio"/> Consult with a good lawyer <input type="radio"/> Don't go to the funeral <input type="radio"/> Make the client's file available to his or her family <input type="radio"/> Don't be afraid to express your grief and sorrow
Case Study- Page 61 - The broken mirror concept that Wexler uses deals with:	<input type="radio"/> Helping clients see their many faces <input type="radio"/> Breaking the chain of family violence <input type="radio"/> Meditating on how not everything can be fixed <input type="radio"/> Our defensiveness when another person makes us feel less than
Case Study- Page 61 - Doing this work has helped Wexler understand that he must:	<input type="radio"/> Teach men more about the women in their lives <input type="radio"/> Stabilize his clients' emotional states, not just focus on who's right or wrong <input type="radio"/> Stop talking so much about #MeToo villains <input type="radio"/> Always let his female clients take the lead
POV- Page 67 - Kim believes a casual style of therapy:	<input type="radio"/> Is an ethical violation

☐ Can facilitate trust-building with clients

☐ Requires more work than a clinical style

☐ Is the best approach for all clients

POV- Page 67 - Kim believes that the best mode in which to relate to oneself is:

☐ To me

☐ By me

☐ For me

☐ Through me
