



PO Box 1000
Eau Claire, WI 54702
(888) 851-9498

March/April 2020 Fast-Track Therapy: Challenging Old Assumptions

Post Test/Evaluation Form
Price for CE Certificate: \$30

MGT095628

2/29/2020

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$30 per person CE fee.

A certificate of successful completion will be emailed/faxed/mailed to you. You will receive your CE certificate within two weeks from date of receipt of your request form and test. To receive your certificate sooner than two weeks, rush processing is available for a fee. Please attach check* or include credit card information below. **Customers outside the US: We will only accept payments for Continuing Education Credits by use of a credit card. All other forms of payment will not be accepted.**

For office use only

Rcvd _____
Graded _____
Cert Mailed _____

CE Fee: \$30 (Rush Processing Fee: \$10) Total to be charged: _____

Credit Card Information

Credit Card Number

Expiration Date

Security Code*

Name on Card (Please print)

Authorized Signature

***MC/VISA/Discover:** 3 digits on signature panel on back of card
American Express: 4 digits above account # on face of card

Contact Information (Please Print)

Last Name

First Name

Middle Initial

Address

City

State

Zip

Email

Daytime Phone

Fax

Signature

Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775

Evaluation

I certify that I have participated in this program in its entirety. *

☐ Yes

☐ No

Course content was relevant to objectives. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? *

☐ Yes ☐ No

Quiz completion process was user-friendly. *

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes <input type="radio"/> No <input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes <input type="radio"/> No <input type="radio"/> N/A
The total length of time to complete the course (hours and minutes): <i>REQUIRES WRITTEN RESPONSE *</i>	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes <input type="radio"/> No <input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes <input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes <input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes <input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes <input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes <input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes <input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes <input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes <input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes <input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes <input type="radio"/> No

Objectives

Was this objective met? Apply Hallowell's view of reframing ADHD.

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Was this objective met? Assess the benefits of ultra-brief therapies.

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Was this objective met? Evaluate Kessler's view of the sixth stage of grief work.

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Post Test

In Consultation - Page 15) What "sly devils" do the authors argue older clinicians must watch for as closely as ever?

- ☐ Countertransference, identification, empathy
- ☐ Petulance, passion, persuasion
- ☐ Disinterest, disregard, delusion
- ☐ Temperament, torpor, tangents

In Consultation - Page 15) When aging therapists decide to work less, they should consider:

- ☐ That some clients require more scaffolding and containment
- ☐ Charging less for sessions
- ☐ Holding online sessions
- ☐ The benefits of a home practice

A Need for Speed?- Page 18) The founders of SST developed it when they discovered:

- ☐ Many clients found one session was enough
- ☐ It was all they'd be reimbursed for
- ☐ Even brief therapy took too long
- ☐ Similar ideas were taking hold in Australia

A Need for Speed?- Page 18) Part of the increase in interest in SST has come from:

- ☐ Busy parents
- ☐ Professional associations
- ☐ Therapists in private practice
- ☐ College counseling centers

A Need for Speed?- Page 18) Schleider's goal in creating her online interventions is:

- ☐ To replace in-person therapies
- ☐ Target diagnoses overlooked by therapists
- ☐ Reach kids who are failing to access treatment
- ☐ Replicate the addictive qualities of a video game

A Need for Speed?- Page 18) Ollendick's three-hour phobia treatment is:	<input type="radio"/> Part of a longer relational approach <input type="radio"/> Only for people over the age of 18 <input type="radio"/> Bookended by an assessment and follow-up calls <input type="radio"/> Dependent on the client also taking medication
Love and Grief- Page 40) According to Kessler, the sixth stage of grief is often:	<input type="radio"/> Madness <input type="radio"/> Meaning <input type="radio"/> Malicious intent <input type="radio"/> Making peace
Love and Grief- Page 40) For both dying and grieving, the stages are meant to be:	<input type="radio"/> A directive road map <input type="radio"/> A safeguard against overwhelm <input type="radio"/> Prescriptive, not descriptive <input type="radio"/> Descriptive, not prescriptive
The Path to Clinical Confidence- Page 44) For therapists, greater confidence in their work isn't necessarily tied to:	<input type="radio"/> Good supervision <input type="radio"/> Experience level <input type="radio"/> More training and clinical competence <input type="radio"/> Office environment
The Path to Clinical Confidence- Page 44) Confidence is its own skill set that can be learned.	<input type="radio"/> True <input type="radio"/> False
The Path to Clinical Confidence- Page 44) Building inherent confidence requires:	<input type="radio"/> Quiet self-reflection <input type="radio"/> Persistence and action <input type="radio"/> Clinical certifications <input type="radio"/> Strategic isolation
The Path to Clinical Confidence- Page 44) Which is not an element of the REPAIR kit?	<input type="radio"/> Risk <input type="radio"/> Emphasize <input type="radio"/> Initiate <input type="radio"/> Acknowledge
Case Study- Page 55) Because Stephen was nonverbal, the author was unable to work with him effectively around normalizing feelings.	<input type="radio"/> True <input type="radio"/> False
Point of View- Page 59) Hallowell describes people with ADHD as having:	<input type="radio"/> A Ferrari engine for a brain with bicycle brakes <input type="radio"/> A genetic form of dementia <input type="radio"/> Immutable symptoms <input type="radio"/> A canoe at the top of Niagara Falls
Point of View- Page 59) Which does Hallowell not argue about ADHD?	<input type="radio"/> There are many positives that come with the condition <input type="radio"/> There is not a deficit of attention <input type="radio"/> It should not be treated with medicine <input type="radio"/> Variable Attention Stimulus Trait is a better name for it