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September/October 2019: Rethinking Addictions: What Are We Learning?

MGT095625

8/31/2019

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Evaluation	
I certify that I have participated in this program in its entirety. *	O Yes
	O No
Course content was relevant to objectives. *	O Very satisfied
	O Somewhat satisfied
	O Neither satisfied not dissatisfied
	O Somewhat dissatisfied
	O Very dissatisfied
How useful was the content for your practice or other professional development? *	O Very satisfied
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The author's delivery supported the asynchronous activity. *	O Very satisfied
	O Somewhat satisfied
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Overall, the content met my expectations. \star	O Very satisfied
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Was the technology user friendly? *	O Yes O No
Quiz completion process was user-friendly. *	O Yes O No
Questions/concerns were addressed effectively and in a timely manner.	O Very satisfied
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	O Somewhat dissatisfied
	O Very dissatisfied
Comments?	
Was evidence provided to substantiate material provided?	O Yes
	O No
	0 N/A
Was a commercial product promoted in the articles?	O Yes
	O No
	0 <u>N/A</u>
Was this publication free from commercial influence or bias?	O Yes
	O No
	O N/A

My request for disability accommodations was addressed respectfully and promptly.	0	Yes
	0	No
	0	N/A
I have gained knowledge today that will enhance my skills and/or abilities.	0	Yes
	0	No
	0	N/A
The total length of time to complete the course (hours and minutes):		
REQUIRES WRITTEN RESPONSE *		
My attendance today will contribute toward improved patient/client outcomes in the future.	0	Yes
	0	No
	0	N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	0	Yes
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	0	No

Objectives		
Was this objective met? Analyze Kim's perspective on addressing microaggressions in therapy.	0	Strongly agree
	0	Agree
	0	Neither agree nor disagree
	0	Disagree
	0	Strongly disagree
Was this objective met? Evaluate Tatarsky's approach of harm-reduction therapy and addiction treatment.	0	Strongly agree
	0	Agree
	0	Neither agree nor disagree
	0	Disagree
	0	Strongly disagree
Was this objective met? Assess Armstrong's view of rethinking the borderline diagnosis.	0	Strongly agree
	0	Agree
	0	Neither agree nor disagree
	0	Disagree
	0	Strongly disagree
Post Test		
In Consultation - Page 15) Kim says what mattered most in her work with Rebecca was:	0	Her ability to stay neutral with Rebecca
	0	Preserving Rebecca's naivete
	0	Rebecca's awareness of her white privilege
	0	Their willingness to be honest and truthful with each other
In Consultation - Page 15) What question did Kim not ask herself before engaging Rebecca?	0	Are there barriers standing in my way?
	0	What is my goal in this conversation?
	0	How do I make this discussion quick and painless?
	0	How am I going to anchor myself during the conversation?
In Consultation - Page 15) According to Kim, there's no uniform answer to dealing with microaggressions.	0	True
	0	False
Fighting the Epidemic- Page 24) Which is not a reason Macy gives for the rise of the opioid crisis?	0	The medical system's trend toward making pain "the fifth vital sign"
	0	The shift toward thinking of patients as healthcare consumers
	0	The constant affordability of prescription drugs
	0	An opportunity for pharmaceutical companies to cash in
Fighting the Epidemic- Page 24) What does Macy say must be part of opioid addiction treatment?	0	Abstinence-only treatment
	0	28-day programs

	0	Medication-only treatment
	0	Medication-assisted treatment
The Challenge of Harm Reduction- Page 28) According to Tatarsky, peoples drug use often serves a function that's:	0	A deliberate form of manipulation
	0	A moral failing
	0	Vital to their psychic survival
	0	A sign the war on drugs has failed
The Challenge of Harm Reduction- Page 28) Tatarsky argues that abstinence should be the primary goal of addiction treatment.	0	True
	0	False
The Challenge of Harm Reduction- Page 28) Harm-reduction psychotherapy is based on:	0	Popular wisdom
	0	A disease model
	0	A brain-based model
	0	A biopsychosocial model
The Challenge of Harm Reduction- Page 28) Which does Tatarsky not maintain about people with problematic drug behaviors?	0	They can benefit from therapy even while they continue to use
	0	They can be challenging to work with
	0	Their ambivalence toward stopping needs to be accepted
	0	They can't be treated effectively until they've hit "bottom"
High Times in Therapy- Page 36) Marijuana has not been regularly used to treat:	0	PTSD
	0	Insomnia
	0	Personality disorders
	0	Anxiety
High Times in Therapy- Page 36) A surplus of THC, when consumed by young people, can sometimes lead to:	0	Cognitive impairments that affect learning
	0	A lifetime of severe depression
	0	Digestive issues
	0	Heightened affect
Resurrecting Therapy- Page 44) According to Kuelker, research shows that bipolar disorder is emotional dysregulation resulting from:	0	A chemical imbalance
	0	Childhood trauma
	0	Lack of exercise
	0	Drug abuse
Resurrecting Therapy- Page 44) In the Evans and Hollon study, depression relapse was lowest when subjects were treated with:	0	Pills
	0	Therapy
	0	Placebos
	0	Nutritional interventions
Case Study- Page 57) What did Armstrong conclude was wrong with her asking about Leslie's psychologist?	0	She'd invalidated Leslie's experience
	0	It was too probing, too soon
	0	It was a breach of confidentiality
	0	It was a distraction from the issue at hand

Point of View- Page 63) During an immigration hearing, social workers can help	0	True
a judge understand how memory recall is affected by trauma.		

O False