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July/August 2019: Ophelia Today: What Do Our Daughters Want?

MGT095624

6/30/2019

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## Evaluation

I certify that I have participated in this program in its entirety. \*

☐ Yes

☐ No

Course content was relevant to objectives. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? \*

☐ Yes ☐ No

Quiz completion process was user-friendly. \*

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

## Objectives

Was this objective met? Appraise Gitlin's view of how to address the challenges of therapy in a rural town.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Analyze Straus's perspective on how technoference affects family life.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Evaluate Real's view of how to confront harmful masculine behaviors in therapy.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

## Post Test

In Consultation - Page 15) According to Gitlin, one thing to accept and embrace as a therapist in a small town is:

☐ You'll be socially isolated

☐ You'll have to appear infallible in public

☐ You'll have to do your shopping in another town

☐ You are special, and people will talk

In Consultation - Page 15) Which is not one of the challenges of small-town practice Gitlin addresses?

☐ Competition from telemental health

☐ Being held to an unreasonable standard of personal competence

☐ Navigating personal integrity vs. social conformity

☐ Taking on friends and tenants as clients

In Consultation - Page 15) Gitlin says she operates from one overarching premise: in session, she's a therapist first, an individual second; out in the world, it's the same.

☐ True

☐ False

The World of Adolescent Girls- Page 21) According to Pipher, girls are socialized to:

☐ Know what they need from moment to moment

☐ Manage pain in healthy, relational ways

☐ Be overly empathic

☐ Look to the outside world for praise

The World of Adolescent Girls- Page 21) A helpful survival skill for adolescent girls is:

☐ Time traveling to the past or future for perspective on the present

☐ Prioritizing academic achievement above all else

☐ Avoiding sexual relationships

	<input type="radio"/> Taking resentments to social media
Interview with Mary Pipher- Page 27) Pipher says she was initially trained as a family therapist to look for:	<input type="radio"/> Opportunities for self-care
	<input type="radio"/> Dysfunctionality
	<input type="radio"/> Sources of strength
	<input type="radio"/> Evidence of dissociation
Interview with Mary Pipher- Page 27) Part of Pipher's "North Star" work involved helping girls distinguish between:	<input type="radio"/> Thinking and feelings
	<input type="radio"/> Wanting and needing
	<input type="radio"/> Dreaming and doing
	<input type="radio"/> Showing and telling
Craving Device-Free Attention- Page 41) Straus suggests parents stop cybermonitoring kids and instead:	<input type="radio"/> Comment on their social media posts
	<input type="radio"/> Give them in-person guidance and nourishing conversation
	<input type="radio"/> Ground them so they spend more time at home
	<input type="radio"/> Take away their smartphones
Craving Device-Free Attention- Page 41) Straus argues that many parents log as much time on screens as their kids.	<input type="radio"/> True
	<input type="radio"/> False
Working with Difficult Men- Page 51) According to Real, the ideal of lasting romance in marriage is:	<input type="radio"/> Driven by men
	<input type="radio"/> Dwindling
	<input type="radio"/> Historically brand new
	<input type="radio"/> Old-fashioned
Working with Difficult Men- Page 51) How does Real say RLT therapists deal with men's grandiosity?	<input type="radio"/> They steer into it
	<input type="radio"/> They avoid it
	<input type="radio"/> They nurture it
	<input type="radio"/> They go underneath it
Case Study- Page 61) White uses bioresponsive tech that monitors:	<input type="radio"/> Brain waves
	<input type="radio"/> Heart rate
	<input type="radio"/> Cortisol levels
	<input type="radio"/> Inflammation
Case Study- Page 61) When the dragon popped up on the screen, it instructed Mark to:	<input type="radio"/> Take slow, deep breaths
	<input type="radio"/> Look his therapist in the eye
	<input type="radio"/> Do 10 jumping jacks
	<input type="radio"/> Complete one cognitive exercise from his workbook
Case Study- Page 61) White supported Mark's learnings outside therapy by:	<input type="radio"/> Monitoring his behavior in math class
	<input type="radio"/> Talking to his classmates
	<input type="radio"/> Buying him an iPad
	<input type="radio"/> Getting Mark's family involved
Point of View- Page 67) A mental health assessment for terminal patients who choose medical aid in dying is mandatory regardless of which state they're a resident of.	<input type="radio"/> True

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☐ False

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