



PO Box 1000  
Eau Claire, WI 54702  
(888) 851-9498

**May/June 2019 Taking Wing: When Therapy Changes the Therapist**

**Post Test/Evaluation Form**  
**Price for CE Certificate: \$35**

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4/30/2019

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$35 per person CE fee.

A certificate of successful completion will be emailed/faxed/mailed to you. You will receive your CE certificate within two weeks from date of receipt of your request form and test. To receive your certificate sooner than two weeks, rush processing is available for a fee. Please attach check\* or include credit card information below. **Customers outside the US: We will only accept payments for Continuing Education Credits by use of a credit card. All other forms of payment will not be accepted.**

**For office use only**

Rcvd \_\_\_\_\_  
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**CE Fee: \$35 (Rush Processing Fee: \$10) Total to be charged: \_\_\_\_\_**

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First Name

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Middle Initial

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Address

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City

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State

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Zip

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Email

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Daytime Phone

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Fax

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Signature

**Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775**

## Evaluation

I certify that I have participated in this program in its entirety. \*

☐ Yes

☐ No

Course content was relevant to objectives. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? \*

☐ Yes ☐ No

Quiz completion process was user-friendly. \*

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives	
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Was this objective met? Appraise Baron and Rathbone's view of working with teens around high-risk behaviors.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Analyze Johnson's view of the importance of attachment theory.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Appraise Schulte's perspective on working with traumatic loss.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree

Post Test	
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Clinician's Digest- Page 11) Unlike ketamine, esketamine is administered:	<input type="radio"/> Orally
	<input type="radio"/> Nasally
	<input type="radio"/> Intravenously
	<input type="radio"/> As a cream
In Consultation- Page 15) Right off the bat, it's important to tell teens and their parents about:	<input type="radio"/> Your view of hard vs. soft drugs
	<input type="radio"/> The benefits of abstinence
	<input type="radio"/> State laws on statutory rape
	<input type="radio"/> State laws about confidentiality
In Consultation- Page 15) When it comes to teens and high-risk behaviors, a key approach is to:	<input type="radio"/> Help them evaluate the risk--reward ratio
	<input type="radio"/> Share "scare" stories in the news
	<input type="radio"/> Ask them to bring a friend into a session
	<input type="radio"/> Provide parents with effective punishments
Piercing the Illusion of Intimacy- Page 20) What does Howes believe finally deepened therapy with Ted?	<input type="radio"/> Looking at his family history
	<input type="radio"/> Honesty and self-disclosure
	<input type="radio"/> Role-playing using the unopened letter
	<input type="radio"/> Asking Ted's ex-wife to come back to therapy
Learning to Draw the Line- Page 21) The challenge of working with Sue ultimately helped Anderson:	<input type="radio"/> Understand how to work with therapy "consultants"
	<input type="radio"/> Rethink his understanding of IFS
	<input type="radio"/> Be less of a caretaker-rescuer when holding boundaries

What Greg Taught Me- Page 24) What did Kort conclude about Greg after he left therapy?	<input type="radio"/> Stay regulated when clients scream at him <input type="radio"/> He was a resistant client <input type="radio"/> He did, in fact, have a sex addiction <input type="radio"/> He should not have gotten divorced <input type="radio"/> He'd outgrown Kort's limited understanding of sexual health at the time
Therapy in a Challenging World- Page 28) Gabor Maté attributes the increasing problem of drug abuse to:	<input type="radio"/> Genetics <input type="radio"/> Technology use before bedtime <input type="radio"/> Individual trauma in an increasingly isolating and dislocated culture <input type="radio"/> People's poor choices
Therapy in a Challenging World- Page 28) Bessel van der Kolk says the ACEs studies have demonstrated that early exposure to family violence and emotional abuse is the largest and costliest public health issue in America.	<input type="radio"/> True <input type="radio"/> False
Therapy in a Challenging World- Page 28) Which is not one of the ways Mary Pipher characterized happiness?	<input type="radio"/> A choice <input type="radio"/> A set of skills <input type="radio"/> Beyond one's control <input type="radio"/> Something we can experience at any stage of life
Therapy in a Challenging World- Page 28) According to Dan Siegel, the mind is:	<input type="radio"/> Synonymous with the brain <input type="radio"/> Much larger than the brain <input type="radio"/> Not relevant to our lived experience <input type="radio"/> A poetic myth
Therapy in a Challenging World- Page 28) According to Susan Johnson, we miss out on self-expansion if we invest deeply in one partner.	<input type="radio"/> True <input type="radio"/> False
Case Study- Page 55) When Jesse was in agony and drowning in why questions, Schulte did not:	<input type="radio"/> Show her how to take calming breaths <input type="radio"/> Immediately mention the possibility of PTG <input type="radio"/> Normalize this experience for her <input type="radio"/> Ask to sit next to her
Case Study- Page 55) Schulte asked to meet with Jesse's family members and friends to:	<input type="radio"/> See if they need treatment too <input type="radio"/> Make sure Jesse doesn't self-medicate <input type="radio"/> Show them how to help stabilize Jesse's traumatized brain <input type="radio"/> Get more of Jesse's history with her husband
Case Study- Page 55) Developing the "Loss Timeline" helped Jesse:	<input type="radio"/> Write the first chapter of her book <input type="radio"/> Get a better grasp on time <input type="radio"/> Separate herself from her grief <input type="radio"/> Identify her strengths
Point of View- Page 59) When listening to a client's story, Gottlieb also:	<input type="radio"/> Listens to how flexible they are with it <input type="radio"/> Watches for micromovements

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- ☐ Mirrors physical gestures
  - ☐ Teaches about character development
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