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January/February 2019 Can't See the Forest?: Maybe It's Time to Get Out of the Office

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PERSONS interested in receiving credit may print this form, complete and return with a payment of \$35 per person CE fee.

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Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775

Evaluation

I certify that I have participated in this program in its entirety. *

Yes

No

Course content was relevant to objectives. *

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

How useful was the content for your practice or other professional development? *

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

The author's delivery supported the asynchronous activity. *

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

Overall, the content met my expectations. *

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

Was the technology user friendly? *

Yes No

Quiz completion process was user-friendly. *

Yes No

Questions/concerns were addressed effectively and in a timely manner.

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

Yes

No

N/A

Was a commercial product promoted in the articles?

Yes

No

N/A

Was this publication free from commercial influence or bias?

Yes

No

N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes): <i>REQUIRES WRITTEN RESPONSE *</i>	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives

Was this objective met? Appraise Snyder's view of how any clinician can address sexual issues in therapy.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

Was this objective met? Analyze Perel's perspective on the therapist's role in discussing masculinity today.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

Was this objective met? Investigate the solution-focused approach used to address Weiwei's behavioral issue.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

Post Test

Clinician's Digest- Page 11) Hasbach has found that eco-anxious clients often experience:

Nightmares with natural disaster themes

Co-occurring agoraphobia

A compulsion to avoid the natural world

Feelings of shame and complicity

In Consultation- Page 15) Which is not one of the three parts to sex the author mentions?

Desire

Arousal

Afterglow

Orgasm

In Consultation- Page 15) According to Snyder, psychological arousal:

Tends to be at the heart of most good sex

Is hard for most people to achieve

Is only important for women

Should only be discussed with a sex therapist

In Consultation- Page 15) Which is not on Snyder's short list of what usually happens when people get aroused?

They get absorbed in the moment

They regress to a more infantile state of mind

They feel great about themselves

They experience feelings of weightiness

In Consultation- Page 15) Sex therapy helps people develop their powers of self-observation, then speak up for what they've discovered they need.

True

False

Survival Skills- Page 22) The point of Barrett's sandbag exercise with Passages participants was to:

Help them share and relieve their burdens

	<input type="radio"/> Set therapeutic boundaries <input type="radio"/> Activate the nervous system <input type="radio"/> Teach mindfulness skills
Survival Skills- Page 22) The process Barrett calls CAT stands for:	<input type="radio"/> Coregulation activation therapy <input type="radio"/> Collaborative accountability talk <input type="radio"/> Consider, account, translate <input type="radio"/> Call out, attend, take down
Creating a Web of Connection- Page 34) To improve outcomes, Alden Mahlberg's group practice encourages intense competition among colleagues.	<input type="radio"/> True <input type="radio"/> False
The Masculinity Paradox- Page 40) According to Perel, after the family therapy movement, the field swung toward a hyperfocus on:	<input type="radio"/> Men's vulnerability <input type="radio"/> The individual <input type="radio"/> Parental relationships <input type="radio"/> The political landscape
The Masculinity Paradox- Page 40) Perel believes it's time for our field to find a way to unite:	<input type="radio"/> Power with intimacy <input type="radio"/> Couples with powerful therapists <input type="radio"/> Women with feminist leaders of the past <input type="radio"/> Context with individualism
Case Study- Page 53) Which is not an element of the Kid'Skills approach?	<input type="radio"/> Positive discipline <input type="radio"/> Collaboration with parents <input type="radio"/> Turning problems into useful skills <input type="radio"/> Soliciting the child's help
Case Study- Page 53) After spreading out the skill cards, the counselor asks:	<input type="radio"/> Weiwei's mother to choose a skill for him to learn <input type="radio"/> Weiwei to choose a skill he'd like to learn <input type="radio"/> Weiwei's teacher to choose a skill for him to learn <input type="radio"/> Weiwei to select a skill at random
Point of View- Page 59) Wolfert's "de-cruiting" process helps vets:	<input type="radio"/> Consciously de-couple in intimate relationships <input type="radio"/> Leave their wartime automatic responses behind <input type="radio"/> Establish an acting career <input type="radio"/> Develop better sleep habits
Point of View- Page 59) Which is not one of the three questions Wolfert asks vets in his groups?	<input type="radio"/> What do you feel? <input type="radio"/> Where in your body do you feel it? <input type="radio"/> When else have you felt that way? <input type="radio"/> Why do you feel that way?
Point of View- Page 59) When reading Shakespeare in verse, you ground and breathe in before each line of text, which also helps with self-regulation.	<input type="radio"/> True <input type="radio"/> False