



PO Box 1000
Eau Claire, WI 54702
(888) 851-9498

May/June 2018 Men and #MeToo: What Are They Thinking?

MGT095617

4/30/2018

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Evaluation

I certify that I have participated in this program in its entirety. *

☐ Yes

☐ No

Course content was relevant to objectives. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? *

☐ Yes ☐ No

Quiz completion process was user-friendly. *

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
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	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives

Was this objective met? Analyze Cohen-Posey's perspective on the use of images to improve client engagement.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Analyze Perel's view of male sexuality and its clinical implications.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Assess Epstein's view of mindfulness as it relates to clinical practice.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Post Test

In Consultation - Page 15) Which of the following is not part of Cohen-Posey's approach?

☐ Somatic therapy

☐ Brain-based therapy

☐ Inner-dialogue therapies

☐ Dream analysis

In Consultation - Page 15) Having clients identify what they like about a picture can be easily:

☐ Turned into images they can paint themselves

☐ Reframed as inner resources or strengths

☐ Tested within the therapy hour

☐ Used to inform a diagnosis

In Consultation - Page 15) Viewing visual images with clients creates a shared experience of their awe or joy or calm, whereas asking them to access mental imagery is a more solitary experience for them.

☐ True

☐ False

In Consultation - Page 15) To facilitate healing, the author asks Wayne to keep a dual focus on the knot in his stomach and:

☐ The thought of not finding work

☐ A chart of mismatched neurochemicals

☐ The uplifting visual image of the sun

☐ A mental image of his son

Symposium 2018 Highlights- Page 28) According to Jack Kornfield, what's critical to any kind of healing is:

☐ Documenting a client's trauma history

☐ To be witnessed and loved

☐ To be well versed in Buddhist psychology

☐ To be politically active in a community

Symposium 2018 Highlights- Page 28) According to Harriet Lerner, good treatment involves helping wrongdoers:

☐ Forgive themselves

	<input type="radio"/> Enlarge their platform of self-worth while holding them fully accountable for their wrongdoings <input type="radio"/> Have better emotional control <input type="radio"/> Write a long letter to the hurt party
Symposium 2018 Highlights- Page 28) According to Lerner, forgiveness is the only path to a life that's not mired in bitterness and hate.	<input type="radio"/> True <input type="radio"/> False
Symposium 2018 Highlights- Page 28) Which of the following is not one of the myths that Esther Perel debunks?	<input type="radio"/> Male sexuality is purely biological and not relational <input type="radio"/> Male sexuality is predatory <input type="radio"/> All men want is sex <input type="radio"/> Female sexuality is relational and complex <input type="radio"/> An experience free of fear <input type="radio"/> A distraction from life stressors <input type="radio"/> Hard-wired into their brains <input type="radio"/> The only socially acceptable way to experience tenderness and softness
Symposium 2018 Highlights- Page 28) According to the Gottmans' research, successful couples:	<input type="radio"/> Turn off the seven emotional command centers in the brain <input type="radio"/> Do not need to make sex a priority <input type="radio"/> Turn toward their partner's bids for connection 86 percent of the time <input type="radio"/> Only need to spend 35 minutes a week together
Symposium 2018 Highlights- Page 28) Irvin Yalom feels that his patients often reveal secrets to him and his interventions are likely to carry more weight because of:	<input type="radio"/> His reputation and patients' preconceptions about him <input type="radio"/> His unique existential perspective <input type="radio"/> The cadence in which he speaks <input type="radio"/> His long waiting list
Case Study- Page 53) Mostly de Marneffe's consultation group helped her see that:	<input type="radio"/> Christina needed to get a divorce <input type="radio"/> Her boundaries could feel too fluid at times <input type="radio"/> She was seeing too many clients <input type="radio"/> Christina needed a different therapist
Case Study- Page 53) What does de Marneffe believe ultimately helped Christina?	<input type="radio"/> Bearing witness to her confusion and shame with interest and calm <input type="radio"/> Reading the literature on lovesickness <input type="radio"/> Practicing mindfulness <input type="radio"/> Exploring her experience in terms of the principles of addiction
Point of View- Page 59) According to Epstein, mindfulness is not which of the following?	<input type="radio"/> An end in itself <input type="radio"/> Preliminary to insight <input type="radio"/> Meant to develop the capacity to tolerate the entire range of human emotion <input type="radio"/> An introductory technique
Point of View- Page 59) Epstein cautions that it's possible to use mindfulness defensively to keep oneself away from the more troubling aspects of the self.	<input type="radio"/> True

☐ False
