



PO Box 1000  
Eau Claire, WI 54702  
(888) 851-9498

November/December 2017 Our National Blame Game: Can  
Therapists Help Find a Way Forward?

MGT095614

10/31/2017

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$35 per person CE fee.

A certificate of successful completion will be emailed/faxed/mailed to you. You will receive your CE certificate within two weeks from date of receipt of your request form and test. To receive your certificate sooner than two weeks, rush processing is available for a fee. Please attach check\* or include credit card information below. **Customers outside the US: We will only accept payments for Continuing Education Credits by use of a credit card. All other forms of payment will not be accepted.**

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Mail or Fax entire packet to: **Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775**

## Evaluation

I certify that I have participated in this program in its entirety. \*

☐ Yes

☐ No

Course content was relevant to objectives. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? \*

☐ Yes ☐ No

Quiz completion process was user-friendly. \*

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives	
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Was this objective met? Evaluate Treadway's approach to giving couples therapy homework.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Assess Brown's perspective on the problem of sorting and loneliness.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Analyze Faller's view of helping closed-off men respond to vulnerability.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree

Post Test	
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In Consultation - Page 17) In Treadway's view, the implementation of homework in couples therapy:	<input type="radio"/> Is a distraction from exploring difficult issues in a relationship
	<input type="radio"/> Is the single variable that predicates successful treatment
	<input type="radio"/> Is dependent on a monetary incentive
	<input type="radio"/> Helps weed out unmotivated couples
In Consultation - Page 17) An important aspect of giving couples homework is making sure that:	<input type="radio"/> Only one partner takes full responsibility for following through
	<input type="radio"/> Couples know it's optional
	<input type="radio"/> The couple chooses which exercises they can and want to do
	<input type="radio"/> The exercises can only be done with a therapist present
In Consultation - Page 17) Which of the following is not one of the Six P's?	<input type="radio"/> Planting
	<input type="radio"/> Planning
	<input type="radio"/> Processing
	<input type="radio"/> Perpetuating
Is There Hope for a Divided America?- Page 20) Which of the following is not one of Doherty's ground rules for participants?	<input type="radio"/> Explain views and listen to others, not try to convince others to change
	<input type="radio"/> Apologize immediately if you inadvertently offend someone
	<input type="radio"/> Speak for yourself and don't try to represent an outside group
	<input type="radio"/> Give facilitators permission to intervene if someone veers from the task at hand
Is There Hope for a Divided America?- Page 20) Which ability from being a couples therapist was crucial to facilitating the workshops?	<input type="radio"/> To absorb all the vitriol so it doesn't affect others in the room

	<input type="radio"/> To come up with fair questions <input type="radio"/> To be both permissive/empathetic and limit-setting/authoritative <input type="radio"/> To intuit who deserves to be heard the most
Is There Hope for a Divided America?- Page 20) Doherty says the stereotypes exercise:	<input type="radio"/> Didn't prove useful in the workshops <input type="radio"/> Is only powerful for Blues <input type="radio"/> Creates cohesion within, but not between, groups <input type="radio"/> Gets negativity out in a constructive way
High Lonesome- Page 28) According to Brown, the way we're sorting ourselves into like-minded groups by politics and beliefs has led to greater connection and true belonging.	<input type="radio"/> True <input type="radio"/> False
High Lonesome- Page 28) According to research by Cacioppo, as a social species, we derive strength from:	<input type="radio"/> Living in like-minded communities <input type="radio"/> Becoming autonomous in adulthood <input type="radio"/> Rugged individualism <input type="radio"/> Our collective ability to plan, communicate, and work together
High Lonesome- Page 28) In a meta-analysis of studies on loneliness, researchers found loneliness:	<input type="radio"/> Increases our odds of dying early by 45 percent <input type="radio"/> Dissolves with social media use <input type="radio"/> Decreased after six weeks of therapy <input type="radio"/> Is more prevalent in suburban areas
Case Study- Page 61) Faller believes leading clients like Antoine along the path of vulnerability:	<input type="radio"/> Can be done in a single session <input type="radio"/> Can be wrought with potential pitfalls <input type="radio"/> Is the wrong approach for infidelity <input type="radio"/> Is a fast, easy way to rebuild trust
Case Study- Page 61) Men like Antoine often don't know how to respond to their partner's vulnerability because no one has ever responded to theirs.	<input type="radio"/> True <input type="radio"/> False
Case Study- Page 61) The missing ingredient to Mary's healing came when Faller helped Antoine:	<input type="radio"/> Role-play his abusive father <input type="radio"/> Express his shame for the affair <input type="radio"/> Answer Mary's questions about the affair <input type="radio"/> Express genuine empathy for her pain
Point of View- Page 67) Fisher says that for trauma survivors, who live in survival mode, neurofeedback:	<input type="radio"/> Quiets the fear circuits in the brain <input type="radio"/> Keeps the mind distracted <input type="radio"/> Negates the need for psychodynamic work <input type="radio"/> Mimics the effects of an antidepressant
Point of View- Page 67) A typical brain-training session lasts between:	<input type="radio"/> 3 and 5 minutes <input type="radio"/> 9 and 12 minutes <input type="radio"/> 20 and 30 minutes <input type="radio"/> 1 and 2 hours

Point of View- Page 67) Which of the following is not one of three tasks neurofeedback clients must learn to accomplish?

- ☐ Make less slow wave
- ☐ Make less fast wave
- ☐ Make more of the frequency that's been chosen to reward
- ☐ Make improvements in rhythmic activities