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May/June 2017 What Now? Five Therapists Face the Limits of What They Know: Five Therapists Face the Limits of What They Know

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Evaluation

I certify that I have participated in this program in its entirety. *

☐ Yes

☐ No

Course content was relevant to objectives. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? *

☐ Yes ☐ No

Quiz completion process was user-friendly. *

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives	
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Was this objective met? Analyze Taibbis ideas about using performance elements in therapy.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Appraise Siegel's perspective on the mind and the brain.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Investigate Straus's approach to working with traumatized teens.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree

Post Test	
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In Consultation - Page 17) Robert Taibbi suggests paying attention to the way performing artists use their:	<input type="radio"/> Voice and gestures
	<input type="radio"/> Anxiety as motivation
	<input type="radio"/> Lighting to set the mood
	<input type="radio"/> None of the above
In Consultation- Page 17) Taibbi says the most effective speeches are:	<input type="radio"/> Presented toward the end of a first session
	<input type="radio"/> Not too long, not too short
	<input type="radio"/> Like what a physician does
	<input type="radio"/> All of the above
In Consultation- Page 17) What all Taibb's suggestions have in common is:	<input type="radio"/> A way to surprise clients into change
	<input type="radio"/> A way to standardize your interventions
	<input type="radio"/> An intentional crafting of your clinical presentation to fit your audience
	<input type="radio"/> All of the above
The Physics of Vulnerability- Page 32) According to Brené Brown, daring is saying:	<input type="radio"/> I'll fake it till I make it
	<input type="radio"/> If I'm vulnerable, I can never fail
	<input type="radio"/> I know I will eventually fail and I'm still all in
	<input type="radio"/> None of the above
Therapy in the Age of Trump- Page 34) William Doherty says one way to invite clients to share their reactions to what's happening in the public sphere is to:	<input type="radio"/> Conduct a phone survey
	<input type="radio"/> Write an open letter for your waiting room or website
	<input type="radio"/> Aggregate the day's news to start a session

	<input type="radio"/> None of the above
Psychotherapy of the Heart- Page 36) Joan Borysenko argues that our work as therapists can gain a new dimension when we:	<input type="radio"/> See clients more than once a week
	<input type="radio"/> Take a deep dive into quantum physics
	<input type="radio"/> Get rid of the idea that someone is the healer and someone is the healee
	<input type="radio"/> None of the above
Psychotherapy of the Heart- Page 36) Borysenko says reducing a client to a diagnosis is:	<input type="radio"/> Akin to Plato's idea of the soul
	<input type="radio"/> One step in reducing burnout
	<input type="radio"/> The antithesis of working with the frontostriatal pathway
	<input type="radio"/> All of the above
The Science of Consciousness- Page 38) Daniel Siegel believes that the brain determines everything that goes on in the mind.	<input type="radio"/> True
	<input type="radio"/> False
The Science of Consciousness- Page 38) According to Siegel, how do you make an integrated self?	<input type="radio"/> Visiting countries other than your own
	<input type="radio"/> Cultivating the awareness that you're a MWe
	<input type="radio"/> Understanding basic neuroscience
	<input type="radio"/> None of the above
Being There- Page 40) Martha Straus claims that for many traumatized teens, the real ADD is adult-deficit disorder.	<input type="radio"/> True
	<input type="radio"/> False
Being There- Page 40) Straus believes that rupture and conflict:	<input type="radio"/> Should be avoided with traumatized teens
	<input type="radio"/> Are not only inevitable, but crucial to development in therapy
	<input type="radio"/> Should be addressed only after a cool-down period
	<input type="radio"/> None of the above
Being There- Page 40) With adolescent clients, Straus suggests:	<input type="radio"/> Going deep into the small details of daily experiences
	<input type="radio"/> Steering away from stories that sound like gossip
	<input type="radio"/> Focusing only on "deep work"
	<input type="radio"/> None of the above
Case Study- Page 51) Raising the issue of language prioritization with cross-cultural couples:	<input type="radio"/> Brings awareness to how it can create subtle power imbalances underlying other issues
	<input type="radio"/> Can only be done with a therapist who speaks multiple languages
	<input type="radio"/> Is low on the author's list of issues to address
	<input type="radio"/> None of the above
Case Study- Page 51) After his interaction with the cashier, Nando was hurt by:	<input type="radio"/> The therapist taking sides on the incident
	<input type="radio"/> Angie's almost automatic defense of the cashier
	<input type="radio"/> The fact Angie brought it up in therapy
	<input type="radio"/> None of the above

Point of View- Page 57) According to Zimbardo, shyness is:

- ☐ A gift of possibility, if framed correctly
 - ☐ A self-imposed psychological prison of silence
 - ☐ A lifelong curse for natural leaders
 - ☐ None of the above
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