



PO Box 1000  
Eau Claire, WI 54702  
(888) 851-9498

**Jan/Feb 2017: The Connected Self: Psychotherapy's Role in the Wider World**

**Post Test/Evaluation Form**

**Price for CE Certificate: \$35**

MGT095609

12/31/2016

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$35 per person CE fee.

A certificate of successful completion will be emailed/faxed/mailed to you. You will receive your CE certificate within two weeks from date of receipt of your request form and test. To receive your certificate sooner than two weeks, rush processing is available for a fee. Please attach check\* or include credit card information below. **Customers outside the US: We will only accept payments for Continuing Education Credits by use of a credit card. All other forms of payment will not be accepted.**

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**Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775**

## Evaluation

I certify that I have participated in this program in its entirety. \*

☐ Yes

☐ No

Course content was relevant to objectives. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? \*

☐ Yes ☐ No

Quiz completion process was user-friendly. \*

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

## Objectives

Was this objective met? Evaluate Doherty's view of psychotherapy and the wider culture.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Appraise van der Kolk's view of the changes in trauma treatment over the last 40 years.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Assess Siegel's view on the importance of understanding neural integration.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

## Post Test

Psychotherapy's Pilgrimage- Page 20) According to Doherty, therapy movements are about what it means to be a human being at a particular time and in a particular culture.

☐ True

☐ False

Psychotherapy's Pilgrimage- Page 20) According to Doherty, psychoanalysis had offered up the idea of:

☐ The Rational/Linear Self

☐ The Weary/Worrisome Self

☐ The Complex/Conflicted Self

☐ None of the above

Psychotherapy's Pilgrimage- Page 20) Doherty calls the understanding of human growth and potential that emerged in the '60s and '70s:

☐ The Authentic/Liberated Self

☐ The Hippie/Happy Self

☐ The Loose/Liberated Self

☐ None of the above

Psychotherapy's Pilgrimage- Page 20) After learning the outcome of his medical family therapy with Jeanne and her parents, Doherty writes that he handed in his:

☐ Copy of the DSM

☐ License to practice

☐ "Miracle worker" badge

☐ All of the above

Psychotherapy's Pilgrimage- Page 20) Doherty argues that what new image of the self-started taking hold in the wider American culture and showing up in therapy in the '80s?

☐ The Contrived Self

☐ The Consumer Self

☐ The Calculated Self

☐ None of the above

Psychotherapy's Pilgrimage- Page 20) What does Doherty claim we'd lost in the '90s that had inspired many therapists in earlier decades?	<input type="radio"/> Attention to the larger context and a sense that we could make a difference outside the consulting room <input type="radio"/> Attention to improving techniques for dealing with child abuse and neglect <input type="radio"/> The influence of charismatic therapy gurus <input type="radio"/> None of the above
Psychotherapy's Pilgrimage- Page 20) Doherty says that at this time of fragmentation and division, therapists need to:	<input type="radio"/> Recover our belief that we have something to offer beyond symptom reduction <input type="radio"/> Recover our conviction and passionate intensity as a profession <input type="radio"/> Recognize that we're in the glue business <input type="radio"/> All of the above
Psychotherapy's Pilgrimage- Page 20) Doherty proposes a new vision for the self he calls:	<input type="radio"/> The Corrective/Collective Self <input type="radio"/> The Active/Ethical Self <input type="radio"/> The Connected/Committed Self <input type="radio"/> None of the above
Then, Now, and Tomorrow- Page 34) Salvador Minuchin's goal as a therapist was to be an intervenor who creates uncertainty in clients about who they were and are and what they're capable of becoming.	<input type="radio"/> True <input type="radio"/> False
Then, Now, and Tomorrow- Page 34) According to Mary Jo Barrett, a tenet of the family-preservation movement in the mid-'80s was:	<input type="radio"/> Establishing a sense of hierarchy in a family <input type="radio"/> Getting the foster parent and the biological parents to work together <input type="radio"/> Performing a "parentectomy" <input type="radio"/> Getting children to draw a new family tree
Then, Now, and Tomorrow- Page 34) According to van der Kolk, a key development that's advanced trauma treatment is:	<input type="radio"/> The recognition of the role dissociation plays in the aftermath of trauma <input type="radio"/> The emergence of EMDR <input type="radio"/> The revitalization of bottom-up approaches <input type="radio"/> All of the above
Then, Now, and Tomorrow- Page 34) According to Ken Hardy, the feminist critique hindered the progress of exposing and addressing issues of race in family therapy.	<input type="radio"/> True <input type="radio"/> False
Then, Now, and Tomorrow- Page 34) John Preston notes that the outcomes for people treated for depression by primary care physicians are:	<input type="radio"/> Very poor <input type="radio"/> Very good <input type="radio"/> There are no studies on this <input type="radio"/> None of the above
Then, Now, and Tomorrow- Page 34) Preston says an issue that will profoundly affect mental health treatment is that, in the last 20 years, the number of medical students signing up for psychiatry as a specialty has dropped by:	<input type="radio"/> 10 percent <input type="radio"/> 50 percent <input type="radio"/> 30 percent <input type="radio"/> None of the above
Then, Now, and Tomorrow- Page 34) According to Dan Siegel, the '90s brought us a new perspective on the brain as:	<input type="radio"/> Self-destructive

- 
- ☐ Self-sustaining
- 
- ☐ Self-renewing
- 
- ☐ None of the above
-