

Evaluation

I certify that I have participated in this program in its entirety. *

Yes

No

Course content was relevant to objectives. *

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

How useful was the content for your practice or other professional development? *

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

The author's delivery supported the asynchronous activity. *

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

Overall, the content met my expectations. *

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

Was the technology user friendly? *

Yes No

Quiz completion process was user-friendly. *

Yes No

Questions/concerns were addressed effectively and in a timely manner.

Very satisfied

Somewhat satisfied

Neither satisfied not dissatisfied

Somewhat dissatisfied

Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

Yes

No

N/A

Was a commercial product promoted in the articles?

Yes

No

N/A

Was this publication free from commercial influence or bias?

Yes

No

N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
<i>REQUIRES WRITTEN RESPONSE *</i>	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Counselors: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Social Workers: Do you need your hours reported to CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives

Was this objective met? Assess Seif and Winston's view of treating subtle OCD.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

Was this objective met? Investigate Lyons's approach to working with kids with OCD and their families.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

Was this objective met? Evaluate Kessler's view on using the stages of grief to inform treatment.

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

Post Test

In Consultation- Page 15) If clients are stuck in the denial stage of grief, therapists should:

Teach them mindfulness exercises

Allow them to scream into a pillow

Increase the reality of the loss

All of the above

In Consultation- Page 15) Anger serves a purpose in grieving by:

Increasing one's adrenaline levels

Giving temporary structure to the feeling of nothingness

Delaying the onset of denial

None of the above

In Consultation- Page 15) One way to help clients stuck in the bargaining stage is to replace what-if statements with:

Even-if statements

So-what statements

No-way statements

None of the above

Upside-Down Psychotherapy- Page 18) When treating OCD, therapeutic staples like rational disputation and exploration often:

Make symptoms go away

Help clients sleep at night

Make things worse

None of the above

Upside-Down Psychotherapy- Page 18) A subtle form of OCD:

Involves only mental compulsions

Can look like generalized anxiety disorder or even PTSD

Can masquerade as extreme trouble with making decisions

	<input type="radio"/> All of the above <input type="radio"/> Always an observable behavior <input type="radio"/> Its ability to provide relief from distress <input type="radio"/> Its ability to do harm <input type="radio"/> None of the above
Upside-Down Psychotherapy- Page 18) The key characteristic of a compulsion is:	<input type="radio"/> Identify the obsessions and the compulsions <input type="radio"/> Educate the client <input type="radio"/> Get the client on an exercise regime <input type="radio"/> Be playful
Upside-Down Psychotherapy- Page 18) When treating subtle OCD, which of the follow steps is not one the authors recommend?	<input type="radio"/> True <input type="radio"/> False
OCD and Children- Page 32) Lyons's stance is that OCD in children should be treated in a family context.	<input type="radio"/> A curious monkey <input type="radio"/> A cult leader or giant boss <input type="radio"/> A lightning rod <input type="radio"/> An angry dog
OCD and Children- Page 32) Lyons likens OCD to:	<input type="radio"/> An untreatable form of OCD <input type="radio"/> A family with a generational pattern of OCD <input type="radio"/> A kid who needs more discipline <input type="radio"/> All of the above
OCD and Children- Page 32) OCD patterns that show up in children around the age of 5 or 6 are often indicative of:	<input type="radio"/> Demanding and undemanding <input type="radio"/> High level and low level <input type="radio"/> Total cray-cray and tidbit of truth <input type="radio"/> None of the above
OCD and Children- Page 32) Lyons finds help young clients distinguish between two types of OCD thoughts:	<input type="radio"/> Therapists should ask about family history <input type="radio"/> There's no need for a detailed assessment of life history and family relationships <input type="radio"/> It's not a possibility <input type="radio"/> None of the above
Case Study- Page 53) When a client's desired outcome is to change an automatic habit, the author believes:	<input type="radio"/> A problem habit is just a software error <input type="radio"/> The computer is to blame for software errors <input type="radio"/> People can't easily change their habits <input type="radio"/> All of the above
Case Study- Page 53) Donna accepted a number of frames of understanding in this session, including:	<input type="radio"/> Deliver better outcomes in leadership positions than extroverts do <input type="radio"/> Are often overlooked for leadership positions <input type="radio"/> Listen to their employees and draw out their ideas <input type="radio"/> All of the above
Point of View- Page 59) According to Cain, introverts:	

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- Point of View- Page 59) Cain's Quiet Schools Network is training teachers to:
- Reflect on their approach to class participation and what it means for all their students

 - Get rid of class participation entirely

 - Find help for kids who can't speak up in class

 - None of the above
