



PO Box 1000
Eau Claire, WI 54702
(888) 851-9498

**Nov/Dec 2015: America's Conversation about Race: What Do
Therapists Have To Say?**

Post Test/Evaluation Form
Price for CE Certificate: \$35

MGT095601

10/31/2015

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$35 per person CE fee.

A certificate of successful completion will be emailed/faxed/mailed to you. You will receive your CE certificate within two weeks from date of receipt of your request form and test. To receive your certificate sooner than two weeks, rush processing is available for a fee. Please attach check* or include credit card information below. **Customers outside the US: We will only accept payments for Continuing Education Credits by use of a credit card. All other forms of payment will not be accepted.**

For office use only

Rcvd _____
Graded _____
Cert Mailed _____

CE Fee: \$35 (Rush Processing Fee: \$10) Total to be charged: _____

Credit Card Information

Credit Card Number

Expiration Date

Security Code*

Name on Card (Please print)

Authorized Signature

***MC/VISA/Discover:** 3 digits on signature panel on back of card
American Express: 4 digits above account # on face of card

Contact Information (Please Print)

Last Name

First Name

Middle Initial

Address

City

State

Zip

Email

Daytime Phone

Fax

Signature

Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775

Evaluation

I certify that I have participated in this program in its entirety. *

☐ Yes

☐ No

Course content was relevant to objectives. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? *

☐ Yes ☐ No

Quiz completion process was user-friendly. *

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

| | |
|---|---------------------------|
| My request for disability accommodations was addressed respectfully and promptly. | <input type="radio"/> Yes |
| | <input type="radio"/> No |
| | <input type="radio"/> N/A |
| I have gained knowledge today that will enhance my skills and/or abilities. | <input type="radio"/> Yes |
| | <input type="radio"/> No |
| | <input type="radio"/> N/A |
| The total length of time to complete the course (hours and minutes): | |
| REQUIRES WRITTEN RESPONSE * | |
| My attendance today will contribute toward improved patient/client outcomes in the future. | <input type="radio"/> Yes |
| | <input type="radio"/> No |
| | <input type="radio"/> N/A |
| Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker? | <input type="radio"/> Yes |
| | <input type="radio"/> No |
| Ohio Counselors: Do you need your hours reported to CE Broker? | <input type="radio"/> Yes |
| | <input type="radio"/> No |
| Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker? | <input type="radio"/> Yes |
| | <input type="radio"/> No |
| Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker? | <input type="radio"/> Yes |
| | <input type="radio"/> No |
| Florida Nurses: Do you need your hours reported to Florida CE Broker? | <input type="radio"/> Yes |
| | <input type="radio"/> No |
| Iowa Nurses: Please enter your license number. | |
| Florida Psychologists: Do you need your hours reported to Florida CE Broker? | <input type="radio"/> Yes |
| | <input type="radio"/> No |
| Ohio Psychologists: Do you need your hours reported to the board? | <input type="radio"/> Yes |
| | <input type="radio"/> No |
| Colorado Social Workers: Do you need your hours reported to the board? | <input type="radio"/> Yes |
| | <input type="radio"/> No |
| Florida Social Workers: Do you need your hours reported to Florida CE Broker? | <input type="radio"/> Yes |
| | <input type="radio"/> No |
| Ohio Social Workers: Do you need your hours reported to CE Broker? | <input type="radio"/> Yes |
| | <input type="radio"/> No |

Objectives

Was this objective met? Analyze the racial issues Hardy was forced to confront in his personal and professional life.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Distinguish the views expressed by Dye and Small of community mental health today.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Investigate the Gottmans' research on relationship masters vs. relationship disasters.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Post Test

In Consultation - Page 15) Treating chronic resentment requires striking a balance between

☐ validation and empowerment

☐ compassion and concern

☐ approval and disapproval

☐ none of the above

In Consultation - Page 15) According to Stosny, resentment is incompatible with clients':

☐ we're evolutionarily wired to feel resentment as a protective instinct

☐ resentment provides us with a low-grade adrenaline rush, increasing energy, and confidence

☐ we believe that resentment will right the injustice that's been done

☐ none of the above

In Consultation - Page 15) According to Stosny, resentment is also incompatible with clients':

☐ Appreciating something

☐ Connecting with someone

☐ Protecting someone they value

☐ All of the above

The View from Black America - Page 18) Hardy spent most of his life working with young people who see themselves as:

☐ beyond the reaches of the law

☐ unaffected by the racial divide in this country

☐ trapped behind a wall-less prison with no exits

☐ hopelessly sad

The View from Black America - Page 18) During his graduate training, Hardy got the message from supervisors that the best way to ensure race wasn't an issue was for him:

☐ not to make it one

| | |
|--|--|
| | <input type="radio"/> not to treat the clients who seemed shocked he was black <input type="radio"/> not to remain silent about it <input type="radio"/> all of the above |
| The View from Black America - Page 18) As Hardy embraced his new identity as an activist and a therapist, he learned to see his role as assisting community members to: | <input type="radio"/> earn more money <input type="radio"/> ignore their rage <input type="radio"/> name it and claim it <input type="radio"/> clean up their parks |
| Community Mental Health Today - Page 32) Dye says the most important thing a therapist can have is the strong belief that clients: | <input type="radio"/> need to be active in the community <input type="radio"/> need to complete homework assignments <input type="radio"/> can get better, despite life circumstances <input type="radio"/> need the right kind of brain-based therapy |
| Community Mental Health Today - Page 32) According to Dye, in a setting like Northside, an important part of the therapist's job is to address the physical well-being of clients. | <input type="radio"/> True <input type="radio"/> False |
| Community Mental Health Today - Page 32) Small believes that one of the major contributions the psychotherapeutic community could make now is to begin to engage with racism as: | <input type="radio"/> a social disease that affects everybody in the society <input type="radio"/> a fringe issue that gets in the way of real healing <input type="radio"/> a new DSM diagnosis <input type="radio"/> all of the above |
| Lessons from the Love Lab - Page 36) Relationships fare much better when the ration of positive to negative interactions during conflicts is at least 5 to 1. | <input type="radio"/> True <input type="radio"/> False |
| Lessons from the Love Lab - Page 36) The walls of the Gottmans' Sound Relationship House are: | <input type="radio"/> sex and eye contact <input type="radio"/> trust and commitment <input type="radio"/> humor and longevity <input type="radio"/> plaster and drywall |
| Lessons from the Love Lab - Page 36) Which of the following indicators, as assessed by Gottman and Driver, anticipated the success or failure of a relationship? | <input type="radio"/> the amount of time a couple spends together <input type="radio"/> how many times a week the couple is physically intimate <input type="radio"/> how long the couple can maintain eye contact <input type="radio"/> responses to each other's bids for connection |
| Lessons from the Love Lab - Page 36) What are the Gottmans' Four Horsemen of the Apocalypse? | <input type="radio"/> criticism, contempt, defensiveness, and stonewalling <input type="radio"/> distancing, ignoring, belittling, and blocking <input type="radio"/> coldness, calculation, domination, and diversion <input type="radio"/> escapism, protection, refusal, and rejection |
| Case Study - Page 53) Grand's technique of Brainspotting involves: | <input type="radio"/> eye gaze and body awareness to access and process traumatic memories |

-
- ☐ the healing power of relationship

 - ☐ attuning to what the clients say and how they say it

 - ☐ all of the above

Point of View - Page 59) According to Silberman, Leo Kanner:

- ☐ made institutionalization the recommended treatment for autism

- ☐ blamed the fathers, but not the mothers

- ☐ helped destigmatize autism

- ☐ all of the above

Bookmarks - Page 71) According to Beck, the child-abuse cases of the 1980s were a reaction to:

- ☐ a changing social order that was threatening to upend traditional nuclear family life

- ☐ the War on Drugs

- ☐ a rising divorce rate

- ☐ a general mistrust of daycare centers
