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**November/December 2022: Listening to Women: New Voices,
New Solutions**

MGT095644

10/31/2022

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$30 per person CE fee.

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Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775

Evaluation

I certify that I have participated in this program in its entirety. *

☐ Yes

☐ No

Course content was relevant to objectives. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? *

☐ Yes ☐ No

Quiz completion process was user-friendly. *

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives

Was this objective met? Apply Fielding's understanding of gender pleasure in treatment.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Evaluate Bindeman's approach to working with new mothers.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree
Was this objective met? Assess Schwartz's views on reducing client dropout.	<input type="radio"/> Strongly agree
	<input type="radio"/> Agree
	<input type="radio"/> Neither agree nor disagree
	<input type="radio"/> Disagree
	<input type="radio"/> Strongly disagree

Post Test

In Consultation - Page 15 - What's one way Schwartz recommends beginning the therapeutic relationship before the all-important first session?	<input type="radio"/> A friendly Q&A by phone
	<input type="radio"/> Sending links to your publications
	<input type="radio"/> Encouraging clients to read a quick primer on therapy
	<input type="radio"/> Providing the client with a welcome letter
In Consultation - Page 15 - What might a therapist do in the second or third session to assess if the client feels therapy is on the right track?	<input type="radio"/> Administer the Working Alliance Inventory
	<input type="radio"/> Offer an assessment of how their mental health is improving
	<input type="radio"/> Give them a small "continuity" gift
	<input type="radio"/> Ask the client if they're considering dropping out
Fair Play at Home - Page 20 - Dividing household tasks so that they're more equal requires that both partners share:	<input type="radio"/> A greater tolerance for dust and grime
	<input type="radio"/> Comparable amounts of mental load
	<input type="radio"/> Their knowledge base of domestic skills with one another
	<input type="radio"/> Night shifts with infants
Fair Play at Home - Page 20 - Rodsky believes our standards around chores and household responsibilities are based in:	<input type="radio"/> How our friends seem to divide labor at home
	<input type="radio"/> The time we feel we can take for such things
	<input type="radio"/> The standards of care we saw in our childhood homes
	<input type="radio"/> Women's superior performance in this area
Daring to Dance - Page 26 - Using mental rehearsal as a technique to expand one's pleasure capacity can have all the following advantages except:	<input type="radio"/> Reconnecting clients to imagined tastes, sounds, smells, sensations, and images that were pleasurable

	<input type="radio"/> Strengthening neural pathways related to pleasurable experiences <input type="radio"/> Cultivating better sleep habits <input type="radio"/> Increasing the likelihood gravitating toward remembered pleasures
Daring to Dance - Page 26 - According to Carmen Jimenez-Pride, women who struggle with a Superwoman complex are often focusing on everything except:	<input type="radio"/> Pushing through hardships <input type="radio"/> Being good at what they do <input type="radio"/> Self-care <input type="radio"/> Their mothers, grandmothers, and great-grandmothers' burdens
Embracing Gender-Pleasure - Page 32 - Fielding says she tries to help support clients in coming into a passionate relationship with:	<input type="radio"/> How gender and pleasure might show up for them <input type="radio"/> People in their lives they've neglected <input type="radio"/> Protective childhood parts <input type="radio"/> Art and music
Embracing Gender-Pleasure - Page 32 - Why doesn't Fielding use the concept of gender euphoria in her work anymore?	<input type="radio"/> It's a heteronormative construct <input type="radio"/> It sounds too clinical <input type="radio"/> It's exclusionary <input type="radio"/> It's not backed by research
Supporting Women's Voices - Page 36 - Gilligan emphasizes that therapists who counsel clients struggling with an unwanted pregnancy should focus on:	<input type="radio"/> Politics <input type="radio"/> Providing a space for women to explore their voices <input type="radio"/> Activism <input type="radio"/> Referring them to a good physician
Supporting Women's Voices - Page 36 - When Gilligan's client Nina told her she was having an abortion because her boyfriend wanted her to, Gilligan asked her:	<input type="radio"/> If there was a history of abuse in the relationship <input type="radio"/> If she was happy with her doctor <input type="radio"/> What she wanted to do <input type="radio"/> If she was scared
The Postpartum Experience - Page 42 - Bindeman says having infant children present when their mother is in the therapy room allows her to:	<input type="radio"/> Assess mothering skills <input type="radio"/> Comfort the mother if the baby is distressed <input type="radio"/> Gather valuable clinical data <input type="radio"/> Talk about her own experience as a parent
The Postpartum Experience - Page 42 - Bindeman says that when working with new moms, their fears often need to be:	<input type="radio"/> Reality-checked <input type="radio"/> Validated and understood as reality based <input type="radio"/> Reframed <input type="radio"/> Explored through an attachment lens
Case Study - Page 57 - Which of the following interventions does Fraenkel believe can help hope-wounded, last-chance couples practice new ways of speaking, behaving, and viewing themselves?	<input type="radio"/> Reassuring clients you've seen couples in worse situations than theirs turn things around <input type="radio"/> Supporting the need for a flexible, open therapeutic contract from the get-go

☐ Recommending your clients commit to a minimum of 4-6 couples sessions with you

☐ Focusing on figuring out the underlying issues that feed into unhelpful patterns

Point of View - Page 63 - Bonanno says that the pathway to resilience is:

☐ Optimism

☐ Wealth

☐ Flexibility

☐ Confidence

Point of View - Page 63 - Which of the following does Bonanno not mention is a promising treatment for PTSD?

☐ Walking therapy

☐ Those involving systematic muscle relaxation

☐ Equine therapy

☐ Regular behavioral approaches
