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**March/April 2023: The Narcissism Spectrum: Myths vs. Reality
in the Therapy Room**

Post Test/Evaluation Form

Price for CE Certificate: \$30

MGT095646

2/28/2023

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$30 per person CE fee.

A certificate of successful completion will be emailed/faxed/mailed to you. You will receive your CE certificate within two weeks from date of receipt of your request form and test. To receive your certificate sooner than two weeks, rush processing is available for a fee. Please attach check* or include credit card information below. **Customers outside the US: We will only accept payments for Continuing Education Credits by use of a credit card. All other forms of payment will not be accepted.**

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Mail or Fax entire packet to: Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775

Evaluation

I certify that I have participated in this program in its entirety. *

☐ Yes

☐ No

Course content was relevant to objectives. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. *

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Was the technology user friendly? *

☐ Yes ☐ No

Quiz completion process was user-friendly. *

☐ Yes ☐ No

Questions/concerns were addressed effectively and in a timely manner.

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Comments?

Was evidence provided to substantiate material provided?

☐ Yes

☐ No

☐ N/A

Was a commercial product promoted in the articles?

☐ Yes

☐ No

☐ N/A

Was this publication free from commercial influence or bias?

☐ Yes

☐ No

☐ N/A

My request for disability accommodations was addressed respectfully and promptly.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
I have gained knowledge today that will enhance my skills and/or abilities.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
The total length of time to complete the course (hours and minutes):	
REQUIRES WRITTEN RESPONSE *	
My attendance today will contribute toward improved patient/client outcomes in the future.	<input type="radio"/> Yes
	<input type="radio"/> No
	<input type="radio"/> N/A
Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Nurses: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Iowa Nurses: Please enter your license number.	
Florida Psychologists: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No
Ohio Psychologists: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Colorado Social Workers: Do you need your hours reported to the board?	<input type="radio"/> Yes
	<input type="radio"/> No
Florida Social Workers: Do you need your hours reported to Florida CE Broker?	<input type="radio"/> Yes
	<input type="radio"/> No

Objectives

Was this objective met? Assess Muñoz's view of how therapists can harness their own emotions in clinically useful ways when a client becomes antagonistic.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Evaluate Durvasula's perspective on treating clients who are experiencing narcissistic abuse.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Was this objective met? Apply Goodyear-Brown's approach to fostering empathy when working with parents and children.

☐ Strongly agree

☐ Agree

☐ Neither agree nor disagree

☐ Disagree

☐ Strongly disagree

Post Test

According to Pershing, when we help clients understand that binge eating develops principally as an adaptation to complex trauma, what begins to develop?

☐ Self-compassion

☐ Shame

☐ Sadness

☐ Anxiety

The Triple E in pathological narcissism is:

☐ Exceptionalism, enlightenment, and engagement

☐ Entropy, erasure, and evaluation

☐ Exploitation, entitlement, and empathy-impairment

☐ Excellence, ebullience, and endearment

According to Malkin, the key to engaging people with NPD is:

☐ Telling them they have NPD

☐ Helping them see that their defenses aren't all there is to them

☐ Confronting their harmful behavior with rigidity

☐ Using gentle skepticism

Durvasula says narcissistic clients often apply which tactical technique to counter their cruelty?

☐ Staying away from home until they're forgiven

☐ Love-bombing

☐ Citing their poor sleep habits

☐ Blaming their difficult childhoods

Durvasula recommends therapists do what when clients share tales of a partner's narcissistic cruelty?

☐ Be transparent about how offensive they find the narcissist's behavior

	<input type="radio"/> Immediately work on shoring up their self-esteem
	<input type="radio"/> Introduce theories of how narcissism may form during a traumatic childhood
	<input type="radio"/> Ask what part the client felt they played in the narcissist's escalation
According to research, when it comes to praise, parents can help kids develop a healthy sense of self best by:	<input type="radio"/> Giving only unconditional praise
	<input type="radio"/> Giving only labeled or conditional praise
	<input type="radio"/> Giving inflated or exaggerated praise
	<input type="radio"/> Giving a balance of different forms of praise
All of the following are aspects of TraumaPlay therapy except:	<input type="radio"/> Learning to embody the Safe Boss, Nurturer, and StoryKeeper roles
	<input type="radio"/> Play-based interventions
	<input type="radio"/> Time-outs
	<input type="radio"/> Following the child's needs through a set of specific treatment goals
A therapist who keeps a client's conflict intrapsychic will strive to maintain the focus of treatment on:	<input type="radio"/> The external event, situation, or person upsetting the client
	<input type="radio"/> The client's defenses and uncomfortable emotions related to a stimulus
	<input type="radio"/> Convincing the client they need to look at an event, situation, or person differently
	<input type="radio"/> Psychoeducation on the purpose and function of therapy
According to Shapiro, when we respond to antagonistic clients by offering them a referral to another therapist, it could mean:	<input type="radio"/> We've faced the reality that our client doesn't like us
	<input type="radio"/> We're not strong enough to deal with antagonistic clients
	<input type="radio"/> The client's antagonistic defense did its job well by distancing us from them
	<input type="radio"/> We need to develop thicker skin with antagonistic clients
Why does Korn say not every client is ready to change their diet and lifestyle?	<input type="radio"/> Most don't truly believe it will work to help them taper off meds
	<input type="radio"/> It takes motivation and considerable time
	<input type="radio"/> Trials have shown them it's not as effective as one would think in affecting mood
	<input type="radio"/> They believe only talk therapy can help them
Which is not one of the things Korn did with Carole before the tapering of meds began?	<input type="radio"/> Collaborate with her prescriber
	<input type="radio"/> Invite family members in for a group session
	<input type="radio"/> Hypnosis
	<input type="radio"/> Develop a detailed nutrition and exercise plan
According to Mat��, trauma is not what happens to you but:	<input type="radio"/> What happens afterward
	<input type="radio"/> What happens inside you
	<input type="radio"/> How you manage the event
	<input type="radio"/> The absence of help

John Bowlby characterized a child's adaptive, reflexive rejection of his loving mother as:	<input type="radio"/> Adjustment
	<input type="radio"/> Faulty attachment
	<input type="radio"/> Detachment
	<input type="radio"/> Abandonment
Why did Weiss ask Susan to leave town for a few days?	<input type="radio"/> To give Matthew a break from Susan's criticisms
	<input type="radio"/> To give Susan a break from Matthew's defensiveness
	<input type="radio"/> So Matthew would realize that Susan had a greater share of household duties
	<input type="radio"/> To give Matthew confidence and help Susan recognize he could step up to take on more responsibility
Which is not one of the four core components of the somatic method Haines practices?	<input type="radio"/> Shaolin Kung Fu
	<input type="radio"/> Somatic awareness
	<input type="radio"/> Somatic opening
	<input type="radio"/> An integration of social context