



PO Box 1000  
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November/December 2023: Being a New Therapist: When  
Dreams and Challenges Collide

Post Test/Evaluation Form

Price for CE Certificate: \$30

MGT095650

10/31/2023

PERSONS interested in receiving credit may print this form, complete and return with a payment of \$30 per person CE fee.

A certificate of successful completion will be emailed/faxed/mailed to you. You will receive your CE certificate within two weeks from date of receipt of your request form and test. To receive your certificate sooner than two weeks, rush processing is available for a fee. Please attach check\* or include credit card information below. **Customers outside the US: We will only accept payments for Continuing Education Credits by use of a credit card. All other forms of payment will not be accepted.**

**For office use only**

Rcvd \_\_\_\_\_  
Graded \_\_\_\_\_  
Cert Mailed \_\_\_\_\_

CE Fee: \$30 (Rush Processing Fee: \$10) Total to be charged: \_\_\_\_\_

Credit Card Information

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Expiration Date

Security Code\*

Name on Card (Please print)

Authorized Signature

**\*MC/VISA/Discover:** 3 digits on signature panel on back of card  
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Contact Information (Please Print)

Last Name

First Name

Middle Initial

Address

City

State

Zip

Email

Daytime Phone

Fax

Signature

Mail or Fax entire packet to: **Psychotherapy Networker PO Box 1000, Eau Claire, WI 54702 Fax#: 800-554-9775**

## Evaluation

I certify that I have participated in this program in its entirety. \*

☐ Yes

☐ No

Course content was relevant to objectives. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

How useful was the content for your practice or other professional development? \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

The author's delivery supported the asynchronous activity. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Overall, the content met my expectations. \*

☐ Very satisfied

☐ Somewhat satisfied

☐ Neither satisfied not dissatisfied

☐ Somewhat dissatisfied

☐ Very dissatisfied

Alicia Munoz: Author showed knowledge and expertise in content. \*

☐ Very satisfied

Robert Weiss: Author showed knowledge and expertise in content. \*

☐ Very satisfied

Alicia Munoz: Author showed knowledge and expertise in content. \*

☐ Somewhat satisfied

Robert Weiss: Author showed knowledge and expertise in content. \*

☐ Somewhat satisfied

Alicia Munoz: Author showed knowledge and expertise in content. \*

☐ Neither satisfied not dissatisfied

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☐ Neither satisfied not dissatisfied

Alicia Munoz: Author showed knowledge and expertise in content. \*

☐ Somewhat dissatisfied

Robert Weiss: Author showed knowledge and expertise in content. \*

☐ Somewhat dissatisfied

Alicia Munoz: Author showed knowledge and expertise in content. \*

☐ Very dissatisfied

Robert Weiss: Author showed knowledge and expertise in content. \*

☐ Very dissatisfied

Alicia Munoz: Author had an organized delivery. \*

☐ Very satisfied

Robert Weiss: Author had an organized delivery. \*

☐ Very satisfied

Alicia Munoz: Author had an organized delivery. \*

☐ Somewhat satisfied

Robert Weiss: Author had an organized delivery. \*

☐ Somewhat satisfied

Alicia Munoz: Author had an organized delivery. \*

☐ Neither satisfied not dissatisfied

Robert Weiss: Author had an organized delivery. \*

☐ Neither satisfied not dissatisfied

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|--|--|
| Alicia Munoz: Author had an organized delivery. *  | <input type="radio"/> Somewhat dissatisfied  |
| Robert Weiss: Author had an organized delivery. *  | <input type="radio"/> Somewhat dissatisfied  |
| Alicia Munoz: Author had an organized delivery. *  | <input type="radio"/> Very dissatisfied  |
| Robert Weiss: Author had an organized delivery. *  | <input type="radio"/> Very dissatisfied  |
| Was the technology user friendly? *  | <input type="radio"/> Yes <input type="radio"/> No   |
| Quiz completion process was user-friendly. *   | <input type="radio"/> Yes <input type="radio"/> No   |
| Questions/concerns were addressed effectively and in a timely manner.                          | <input type="radio"/> Very satisfied<br><input type="radio"/> Somewhat satisfied<br><input type="radio"/> Neither satisfied not dissatisfied<br><input type="radio"/> Somewhat dissatisfied<br><input type="radio"/> Very dissatisfied |
| Comments?  |  |
| Was evidence provided to substantiate material provided?                                       | <input type="radio"/> Yes<br><input type="radio"/> No<br><input type="radio"/> N/A   |
| Alicia Munoz: Did the author list the limitations and potential risks of the content/research? | <input type="radio"/> Yes  |
| Robert Weiss: Did the author list the limitations and potential risks of the content/research? | <input type="radio"/> Yes  |
| Alicia Munoz: Did the author list the limitations and potential risks of the content/research? | <input type="radio"/> No   |
| Robert Weiss: Did the author list the limitations and potential risks of the content/research? | <input type="radio"/> No   |
| Alicia Munoz: Did the author list the limitations and potential risks of the content/research? | <input type="radio"/> N/A  |
| Robert Weiss: Did the author list the limitations and potential risks of the content/research? | <input type="radio"/> N/A  |
| Was a commercial product promoted in the articles?   | <input type="radio"/> Yes<br><input type="radio"/> No<br><input type="radio"/> N/A   |
| Was this publication free from commercial influence or bias?                                   | <input type="radio"/> Yes<br><input type="radio"/> No<br><input type="radio"/> N/A   |
| My request for disability accommodations was addressed respectfully and promptly.              | <input type="radio"/> Yes<br><input type="radio"/> No<br><input type="radio"/> N/A   |
| I have gained knowledge today that will enhance my skills and/or abilities.                    | <input type="radio"/> Yes<br><input type="radio"/> No<br><input type="radio"/> N/A   |
| The total length of time to complete the course (hours and minutes):                           |  |
| REQUIRES WRITTEN RESPONSE *  |  |
| My attendance today will contribute toward improved patient/client outcomes in the future.     | <input type="radio"/> Yes<br><input type="radio"/> No<br><input type="radio"/> N/A   |

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|---|---------------------------|
| Florida Mental Health Counselors: Do you need your hours reported to Florida CE Broker?       | <input type="radio"/> Yes |
|   | <input type="radio"/> No  |
| Ohio Counselors: Do you need your hours reported to CE Broker?                                | <input type="radio"/> Yes |
|   | <input type="radio"/> No  |
| Florida Marriage and Family Therapists: Do you need your hours reported to Florida CE Broker? | <input type="radio"/> Yes |
|   | <input type="radio"/> No  |
| Ohio Marriage and Family Therapists: Do you need your hours reported to CE Broker? *          | <input type="radio"/> Yes |
|   | <input type="radio"/> No  |
| Florida Nurses: Do you need your hours reported to Florida CE Broker?                         | <input type="radio"/> Yes |
|   | <input type="radio"/> No  |
| Florida Psychologists: Do you need your hours reported to Florida CE Broker?                  | <input type="radio"/> Yes |
|   | <input type="radio"/> No  |
| Ohio Psychologists: Do you need your hours reported to the board?                             | <input type="radio"/> Yes |
|   | <input type="radio"/> No  |
| Colorado Social Workers: Do you need your hours reported to the board?                        | <input type="radio"/> Yes |
|   | <input type="radio"/> No  |
| Florida Social Workers: Do you need your hours reported to Florida CE Broker?                 | <input type="radio"/> Yes |
|   | <input type="radio"/> No  |
| Ohio Social Workers: Do you need your hours reported to CE Broker?                            | <input type="radio"/> Yes |
|   | <input type="radio"/> No  |

## Objectives

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| Was this objective met? Assess Rothschild's view of how best to heal trauma.                         | <input type="radio"/> Strongly agree             |
|  | <input type="radio"/> Agree                      |
|  | <input type="radio"/> Neither agree nor disagree |
|  | <input type="radio"/> Disagree                   |
|  | <input type="radio"/> Strongly disagree          |
| Was this objective met? Evaluate Riley's view on helping clients use their bodies in therapy.        | <input type="radio"/> Strongly agree             |
|  | <input type="radio"/> Agree                      |
|  | <input type="radio"/> Neither agree nor disagree |
|  | <input type="radio"/> Disagree                   |
|  | <input type="radio"/> Strongly disagree          |
| Was this objective met? Apply Weiss's understanding of the attachment-based prodependence framework. | <input type="radio"/> Strongly agree             |
|  | <input type="radio"/> Agree                      |
|  | <input type="radio"/> Neither agree nor disagree |
|  | <input type="radio"/> Disagree                   |
|  | <input type="radio"/> Strongly disagree          |

## Post Test

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| The Therapy Beat - page 11 - Kessler says therapists can help clients with the integration part of the death café experience, as long as they        | <input type="radio"/> do their own work first   |
|  | <input type="radio"/> work closely with the death café moderator  |
|  | <input type="radio"/> attend a death café themselves  |
|  | <input type="radio"/> have experienced the death of a close friend or family member                     |
| The Therapy Beat - page 11 - According to Prelinger, studying the process of existence in the therapy room   | <input type="radio"/> can be distressing for therapists and clients                                     |
|  | <input type="radio"/> is a task best left to existential therapists                                     |
|  | <input type="radio"/> is only helpful for clients with death anxiety                                    |
|  | <input type="radio"/> enriches clients' thinking about meaning, purpose, and how we use our time        |
| In Consultation - page 15 - Prodependence might frame someone who's attempting to limit an addicted loved one's exposure to alcohol as               | <input type="radio"/> enmeshed  |
|  | <input type="radio"/> involved and supportive   |
|  | <input type="radio"/> externally focused  |
|  | <input type="radio"/> enabling  |
| Am I a Good Therapist Yet? - page 27 - According to Byster, therapists shouldn't worry about matching up to their ideal therapist because            | <input type="radio"/> it leads to thinking poorly of yourself   |
|  | <input type="radio"/> Jennifer Crocker's research warns therapists about overly focusing on performance |
|  | <input type="radio"/> it makes it harder for therapists to listen to the client in front of them        |
|  | <input type="radio"/> they might start trying to control their client                                   |
| Finding Your Way as a New Clinician - page 38 - What does therapist Kate Davis think about self-disclosure as a clinician with mental health labels? | <input type="radio"/> it's never appropriate  |

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|  | <input type="radio"/> it's only appropriate if a client shares the same label as you                       |
|  | <input type="radio"/> you should take your time deciding whether you want to be entirely "out"             |
|  | <input type="radio"/> you should only disclose if a client asks you about your labels                      |
| Finding Your Way as a New Clinician - page 38 - Which is one of the three most important things Scott recommends when first working with clients?                                | <input type="radio"/> be playful   |
|  | <input type="radio"/> read your notes  |
|  | <input type="radio"/> ask hard questions   |
|  | <input type="radio"/> hug clients and shake their hand   |
| What Do Therapists Know? - page 42 - In therapeutic conversations, one of the options Kottler says a therapist might review in determining how to respond helpfully is           | <input type="radio"/> whether it's time to confront the person or just simply listen carefully             |
|  | <input type="radio"/> whether or not to tell the client they're making progress                            |
|  | <input type="radio"/> whether to adjust your vocal tone or just act naturally                              |
|  | <input type="radio"/> whether to speed up the conversation or slow it down                                 |
| What Do Therapists Know? - page 42 - Every time a client brings up a problem, difficulty, or issue you haven't fully resolved, Kottler says it's time to                         | <input type="radio"/> share that with your client  |
|  | <input type="radio"/> seek supervision   |
|  | <input type="radio"/> accept that you're not perfect   |
|  | <input type="radio"/> get back to work on your own personal functioning                                    |
| Gifts of the Emerging Therapist - page 46 - When Martha asked Kirk whether it was okay to talk about Cherise's siblings even though she hadn't mentioned them, Kirk replied that | <input type="radio"/> there was no hard and fast rule about it, and she could offer suggestions            |
|  | <input type="radio"/> that would be inappropriate given the newness of their relationship                  |
|  | <input type="radio"/> given Martha's lack of experience, it would be tricky to navigate what could come up |
|  | <input type="radio"/> there could be a lot of legal and logistical hurdles                                 |
| Gifts of the Emerging Therapist - page 46 - What was one turning point in Martha's work with Cherise?  | <input type="radio"/> Martha told Cherise about her own relatives who'd passed away                        |
|  | <input type="radio"/> Martha hugged Cherise when she told her about her mom passing away                   |
|  | <input type="radio"/> Martha suggested Cherise write a letter to her younger self                          |
|  | <input type="radio"/> Martha suggested a joint session with Cherise's siblings                             |
| Reclaiming Black Imagination - page 54 - Riley defines "performance" as the means by which she   | <input type="radio"/> engages clients and students   |
|  | <input type="radio"/> steps outside herself and denies her Blackness                                       |
|  | <input type="radio"/> brings her local dialect to the fore   |
|  | <input type="radio"/> discusses Caribbean therapeutic traditions   |
| Reclaiming Black Imagination - page 54 - Riley's client Yvette was living a life rooted in   | <input type="radio"/> joyful exchanges with white peers  |
|  | <input type="radio"/> vivid Black imagination  |
|  | <input type="radio"/> white imagination  |
|  | <input type="radio"/> self-discipline  |

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| <p>When a Tornado Ripped Through My Therapy Room - page 58 - As her client cried beside her, Martinez thought their connection would</p>         | <p><input type="radio"/> likely be changed forever</p> <hr/> <p><input type="radio"/> not survive a trauma of this magnitude</p> <hr/> <p><input type="radio"/> only deepen</p> <hr/> <p><input type="radio"/> turn awkward</p> <hr/>  |
| <p>Case Study - page 65 - According to Mirza, how should clinicians think about clients wishing to reconnect with a spiritual faith?</p>         | <p><input type="radio"/> religion is distinct from psychological functioning</p> <hr/> <p><input type="radio"/> they should refer clients struggling with their faith to a pastor, rabbi, or imam</p> <hr/> <p><input type="radio"/> they should collaborate with a pastor, rabbi, or imam</p> <hr/> <p><input type="radio"/> most therapists are equipped to help clients explore their relationship with their faith</p> <hr/> |
| <p>Point of View - page 69 - What does Rothschild say about the importance of processing all trauma, especially early traumatic experiences?</p> | <p><input type="radio"/> it's the only way for traumatized clients to fully heal</p> <hr/> <p><input type="radio"/> if previous traumas aren't resolved, then new traumas can never be resolved</p> <hr/> <p><input type="radio"/> our field has a magnetic pull to early traumas, but zeroing in on them can further dysregulate clients</p> <hr/> <p><input type="radio"/> it's best handled by psychiatrists</p> <hr/>        |